



Southern City Flavors

# 301126 - Blackberry Jam

Using the ripest and juiciest blackberries and a touch of pure cane sugars and a drizzle of lemon juice; that's all it takes, and of course the craftsmanship of Southern City Flavors. Spread generously on your toast, bagel or biscuits.



## Nutrition Facts

Servings per Container 20  
Serving size 14.0g (14g)

Amount per serving  
**Calories 30**

% Daily Value\*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	8g	3%
Dietary Fiber	0g	0%
Total Sugars	7g	
Includes 7g Added Sugar		14%
Protein	0g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

This delicious Southern jam is bursting with the flavor of fresh blackberries. Using the ripest and juiciest blackberries, a touch of pure cane sugars, and a drizzle of lemon juice; that's all it takes, and of course the craftsmanship of Southern City Flavors. Spread generously on your toast, bagel or biscuits.  
Blackberry Jam made with whole fresh blackberries. More fruit, less sugar. All Natural

### Ingredients

Blackberries, Natural Cane Sugar, Pectin, Lemon Juice

### Allergens

#### Free From:



### Handling Suggestions

refrigerate after opening

### Serving Suggestions

Spread on your toast, bagel or biscuit

### Prep & Cooking Suggestions

Spread on your favorite toast, Bagel or biscuit

### Product Specifications

Brand	Manufacturer	Product Category
Southern City Flavors	Southern City Flavors	Jam, Jelly, Marmalade, & Fruit Spread

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
856188003001	126	301126	10856188003008		12/10 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.75lb	13.35lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	9in	4in	0.25ft3	17x6	712days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	30	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats		Calcium	0mg
Total Carbohydrates...	8g	Saturated Fat	0g	Iron	0mg
Sugars	7g	Added Sugars	7g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

