



Perfectly Crisp

30665 - Everything Cheese Crisps Gluten Fre

Perfectly Crisp Bakery Everything Cheese Crisps are 100% aged Parmesan, slow baked with an "everything" spice blend of sesame seeds, poppy seeds, garlic, and onion. We are proudly Certified Gluten-Free. Keto-friendly too!



* Benefits

Perfectly Crisp Bakery Everything Cheese Crisps are 100% aged Parmesan, slow baked with an "everything" spice blend of sesame seeds, poppy seeds, garlic, and onion. NOT a cracker, our Cheese Crisps are gluten-free, all-natural, low carb, and protein packed with 0g sugar (low glycemic). We are proudly Certified Gluten-Free. Keto-friendly too! Crumble our crisps onto salads, or soups, or eat right from the package!

Ingredients

PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POPPY SEEDS, SESAME SEEDS, GARLIC, ONION

⚠ Allergens

Contains:

milk

Free From:

crustaceans eggs fish peanuts
 sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 4
Serving size 21.0g (21g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 370mg	16%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0.1mcg	0%
Calcium 290mg	25%
Iron 0.3mg	2%
Potassium 40mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep in a cool dry place UNIT UPC: 856617004814

Serving Suggestions

Crumble our crisps into salads, or soups, or eat right from the package!

Prep & Cooking Suggestions

Ready to eat

✏ Product Specifications

Brand	Manufacturer
Perfectly Crisp	Raison Detre Bakery LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
856617004814	16002	30665	10856617004811		18/3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.3lb	3.38lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	14.5in	5in	0.69ft3	6x13	90days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	8g	Sodium	370mg
Protein	9	Trans Fats	0g	Calcium	290mg
Total Carbohydrates...	2g	Saturated Fat	4.5g	Iron	0.3mg
Sugars	0g	Added Sugars	0g	Potassium	40mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0.1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

