

Komplet

30958 - Black Forest Bread Mix



Description: Black Forest Bread Mix is a traditional blend of rye and wheat flours and meals. Suggested Application: Black Forest Bread Mix produces dense, lightly sour grain bread with a coarse, moist crumb and a rich, full flavor.



* Benefits

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Black Forest Bread Mix is a powder, grayish brown in color and has a sour aroma. Ingredients are wheat flour, rye flakes, rye flour, salt, rye sour, wheat gluten, rye malt.

rgens
1: s () eggs (∞) fish (1) milk (3) soy ((1)) tree nuts

Nutrition Facts

Servings per Container 1100 100.0g (100g) Serving size

Amount per serving Calories

340

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% [Daily Value*
Total Fat 1.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 790mg	34%
Total Carbohydrate 72g	26%
Dietary Fiber 9g	32%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	11%
Potassium 105mg	2%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Store in a dry, cool, environment

Serving Suggestions

Bread Mix

Prep & Cooking Suggestions

Follow recipe with appropriate amount of dry mix and bake accordingly



Product Specifications

Brand	Manufacturer	Product Category
Komplet	Abel & Schafer Inc	

UPC	MFG #	SPC#	GTIN	Pack	Pack Desc.
715803003966	60108.03	30958	00715803003966		1/25 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.45lb	25lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
24in	15in	4in	0.83ft3	5x16	273days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	340	Total Fat	1.5g	Sodium	790mg
Protein	11	Trans Fats		Calcium	23mg
Total Carbohydrates···	72g	Saturated Fat	0g	Iron	2mg
Sugars	1g	Added Sugars	0g	Potassium	105mg
Dietary Fiber	9g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images						

