



**Komplet**

# 30958 - Black Forest Bread Mix

Description: Black Forest Bread Mix is a traditional blend of rye and wheat flours and meals.  
Suggested Application: Black Forest Bread Mix produces dense, lightly sour grain bread with a coarse, moist crumb and a rich, full flavor.



## Nutrition Facts

Servings per Container 1100  
Serving size 100.0g (100g)

Amount per serving  
**Calories 340**

% Daily Value\*

Total Fat	1.5g	1%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	790mg	34%
Total Carbohydrate	72g	26%
Dietary Fiber	9g	32%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	11g	
Vitamin D	0mcg	0%
Calcium	23mg	2%
Iron	2mg	11%
Potassium	105mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Description: Black Forest Bread Mix is a traditional blend of rye and wheat flours and meals.  
Suggested Application: Black Forest Bread Mix produces dense, lightly sour grain bread with a coarse, moist crumb and a rich, full flavor.  
Black Forest Bread Mix is a powder, grayish brown in color and has a sour aroma. Ingredients are wheat flour, rye flakes, rye flour, salt, rye sour, wheat gluten, rye malt.

### Ingredients

Wheat Flour, Rye Flakes, Rye Flour, Salt, Rye Sour, Wheat Gluten, Rye Malt.

### Allergens

#### Contains:



wheat

#### Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

### Handling Suggestions

Store in a dry, cool, environment

### Serving Suggestions

Bread Mix

### Prep & Cooking Suggestions

Follow recipe with appropriate amount of dry mix and bake accordingly

### Product Specifications

Brand	Manufacturer	Product Category
Komplet	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
715803003966	60108.03	30958	00715803003966		1/25 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.45lb	25lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
24in	15in	4in	0.83ft3	5x16	273days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	340	Total Fat	1.5g	Sodium	790mg
Protein	11	Trans Fats		Calcium	23mg
Total Carbohydrates...	72g	Saturated Fat	0g	Iron	2mg
Sugars	1g	Added Sugars	0g	Potassium	105mg
Dietary Fiber	9g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

