

A&S

# 30964 - 3 Seed Bread Mix

Description: Three Seed Variety Bread & Roll Mix is a special blend of wheat flour, hemp flour, flaxseed and sesame seeds which gives this bread its unique color and rich flavor.



C FR	<b>Nutrition Facts</b>			
	Servings per Container 1 Serving size 100.0g (100g)			
KOMPL		Amount per serving Calories	360	
	T.	% Da	ily Value*	
KOWD	REAL	Total Fat 7g	9%	
Special	T 3 SEED Mix for	Saturated Fat 1g	5%	
So Ibs. m	Y BREAD AND ROLLS	Trans Fat		
		Cholesterol 0mg	0%	
<b>★</b> Benefits		Sodium 740mg	32%	
		Total Carbohydrate 64g	23%	
Description: Three Seed Variety Bread & Roll Mix is a special blend of wheat flour, hemp flour, flas Suggested Application: Three Seed Variety Bread & Roll Mix can be used for pan breads, hearth bi Physical Specifications: Appearance Powder	seed and sesame seeds which gives this bread its unique color and rich flavor. eads or rolls. Top with seeds for added flavor and texture.	Dietary Fiber 7g	25%	
Cólor Golden Aroma Nutty Microbiological Specifications: (Typical Limits) E. Coli : 10 CFU per g		Total Sugars 2g		
Staphylococcus aureus < 100 CFU per g Salmonella Absent in 25 g Listeria MonoCytogenes Absent in 25 g		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 14g		
		Vitamin D 0mcg	0%	
Wheat Flour, Rice Bran, Flaxseeds, Sesame Seeds, Rolled	Contains:	Calcium 90mg	7%	
Wheat Flakes, Hemp Flour,	wheat	Iron 3mg	17%	
Natural Wheat Sour, Salt, Rye	Free From:	Potassium 172mg	4%	
Malt, Rye Flour, Malted Barley Flour, Spices, Colored with Beta Carotene, Ascorbic Acid, Enzymes.	() crustaceans () eggs () fish () milk () peanuts () soy () tree nuts	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

#### Handling Suggestions

Shelf Life: Store for up to 12 months in a cool, dry environment at 20C/68F.

### Serving Suggestions

Suggested Application: Three Seed Variety Bread & Roll Mix can be used for pan breads, hearth breads or rolls. Top with seeds for added flavor and texture.

## Prep & Cooking Suggestions

Follow bag label recipe and bake accordingly

## Product Specifications

Br	Brand Mai		Manu	anufacturer		Product Category			
A & S Ab			Abel & S	oel & Schafer Inc					
UPC	MFG	# 9	SPC # GTIN			Pack	Pack Desc.		
	61050	.01 3	30964	00715803002341			1/50 LB		
Gross Weight Net Weight		ight (	Country of Origin K		Kosher Child Nutrition				
50.7lb 50lb			United States			Yes			
Shipping Information									
Length	Width	Height	Volum	ie	TIxHI	Shelf L	Life Storage Temp From/		ge Temp From/To
26in	16in	5in	1.2ft3	3	5x8	273da	ays 60°F / 77°F		





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Nutrition Analysis - By Measure

Calories	360	Total Fat	7g	Sodium	740mg
Protein	14	Trans Fats		Calcium	90mg
Total Carbohydrates…	64g	Saturated Fat	1g	Iron	3mg
Sugars	2g	Added Sugars	Og	Potassium	172mg
Dietary Fiber	7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



