



A & S

30964 - 3 Seed Bread Mix

Description: Three Seed Variety Bread & Roll Mix is a special blend of wheat flour, hemp flour, flaxseed and sesame seeds which gives this bread its unique color and rich flavor.



Nutrition Facts

Servings per Container 1
Serving size 100.0g (100g)

Amount per serving
Calories 360

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 0mg	0%
Sodium 740mg	32%
Total Carbohydrate 64g	23%
Dietary Fiber 7g	25%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 90mg	7%
Iron 3mg	17%
Potassium 172mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Description: Three Seed Variety Bread & Roll Mix is a special blend of wheat flour, hemp flour, flaxseed and sesame seeds which gives this bread its unique color and rich flavor.
Suggested Application: Three Seed Variety Bread & Roll Mix can be used for pan breads, hearth breads or rolls. Top with seeds for added flavor and texture.
Physical Specifications:
Appearance Powder
Color Golden
Aroma Nutty
Microbiological Specifications: (Typical Limits)
E. Coli <10 CFU per g
Staphylococcus aureus <100 CFU per g
Salmonella Absent in 25 g
Listeria MonoCytogenes Absent in 25 g

Ingredients

Wheat Flour, Rice Bran, Flaxseeds, Sesame Seeds, Rolled Wheat Flakes, Hemp Flour, Natural Wheat Sour, Salt, Rye Malt, Rye Flour, Malted Barley Flour, Spices, Colored with Beta Carotene, Ascorbic Acid, Enzymes.

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Shelf Life: Store for up to 12 months in a cool, dry environment at 20C/68F.

Serving Suggestions

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Prep & Cooking Suggestions

Follow bag label recipe and bake accordingly

📄 Product Specifications

Brand	Manufacturer	Product Category
A & S	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	61050.01	30964	00715803002341		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.7lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
26in	16in	5in	1.2ft3	5x8	273days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	360	Total Fat	7g	Sodium	740mg
Protein	14	Trans Fats		Calcium	90mg
Total Carbohydrates...	64g	Saturated Fat	1g	Iron	3mg
Sugars	2g	Added Sugars	0g	Potassium	172mg
Dietary Fiber	7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

