



A & S

# 309790 - Oat Bran Muffin Mix Low Fat

Description: Low Fat Oat Bran Muffin Mix is an easy-to-use dry blend of ingredients that combines the wholesome goodness of oat bran with the natural flavors of molasses, honey and cinnamon.  
Suggested Application: Low Fat Oat Bran Muffin Mix yields delicious, low fat and cholesterol-free muffins.



## Nutrition Facts

Servings per Container 1100  
Serving size 100.0g (100g)

Amount per serving  
**Calories 380**

	% Daily Value*
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 740mg	<b>32%</b>
<b>Total Carbohydrate</b> 80g	<b>29%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 37g	
Includes 37g Added Sugar	<b>74%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 58mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 192mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

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Physical Specifications:  
Appearance Powder  
Color Off-white  
Aroma Sweet  
Microbiological Specifications: (Typical Limits)  
E. Coli <10 CFU per g  
Staphylococcus aureus <100 CFU per g  
Salmonella Absent in 25 g  
Listeria Monocytogenes Absent in 25 g

### Ingredients

Wheat Flour, Sugar, Oat Bran, Molasses Powder, Leavening (Wheat Starch, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Canola Oil, Dried Honey, Salt, Food Starch- Modified, Dried Soy Milk, Emulsifier (Starch, Polyglycerol Esters of Fatty Acids), Natural & Artificial Flavor, Xanthan Gum, Caramel Color, Cinnamon, Guar Gum.

### Allergens

#### Contains:

soy wheat

#### Free From:

crustaceans eggs fish milk  
 peanuts tree nuts

### Handling Suggestions

Store in a cool, dry, environment

### Serving Suggestions

Muffin Mix

### Prep & Cooking Suggestions

Follow recipe on bag label and bake accordingly

### Product Specifications

Brand	Manufacturer	Product Category
A & S	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
715803012975	62084.01	309790	00715803012975		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.7lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
26in	16in	5in	1.2ft3	5x8	273days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	380	Total Fat	4g	Sodium	740mg
Protein	7	Trans Fats		Calcium	58mg
Total Carbohydrates...	80g	Saturated Fat	0.5g	Iron	1mg
Sugars	37g	Added Sugars	37g	Potassium	192mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

