



Komplet

30981 - Muffin Mix Low Fat

Description: Low Fat Muffin Mix yields delicious low fat and cholesterol-free muffins. Suggested Application: Low Fat Muffin Mix is an easy-to-use dry blend of ingredients. This all-purpose mix supports the addition of fruit very well.



Nutrition Facts

Servings per Container 1100
Serving size 100.0g (100g)

Amount per serving
Calories 390

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans Fat</i>	
Cholesterol 0mg	0%
Sodium 780mg	34%
Total Carbohydrate 75g	27%
Dietary Fiber 1g	4%
Total Sugars 37g	
Includes 35g Added Sugar	70%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 76mg	6%
Iron 0mg	0%
Potassium 109mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Wheat Flour, Sugar, Corn Starch, Canola Oil, Non Fat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Yogurt Powder, Salt, Emulsifier (Mono-and Diglycerides of Edible Fatty Acids Esterified with Lactic Acid and Acetic Acid, Polyglycerol Ester of Edible Fatty Acids, Mono-and Diglycerides of Edible Fatty Acids, Rice Starch, Glucose Syrup, Skim Milk), Food Starch- Modified, Pregelatinized Wheat Starch, Lecithin, Xanthan Gum, Mono-and Diglycerides, Guar Gum.

Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 soy tree nuts

Handling Suggestions

Store in a dry, cool, environment

Serving Suggestions

Muffin Mix

Prep & Cooking Suggestions

Follow recipe on bag level and bake accordingly

Product Specifications

Brand	Manufacturer	Product Category
Komplet	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	62076.01	30981	00715803005083		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.7lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
26in	16in	5in	1.2ft3	5x8	273days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	390	Total Fat	6g	Sodium	780mg
Protein	7	Trans Fats		Calcium	76mg
Total Carbohydrates...	75g	Saturated Fat	1g	Iron	0mg
Sugars	37g	Added Sugars	35g	Potassium	109mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

