



Mid Valley Nut Co

# 310821 - Pistachio Kernels

Mid Valley Nut Co., Inc. domestic PPO treated pistachio kernels. The product is GMO free, gluten free, and kosher certified. Shelled pistachios consisting of 100% pistachio nuts.



## Nutrition Facts

Servings per Container 136  
Serving size 100g

Amount per serving  
**Calories 560**

	% Daily Value*
<b>Total Fat</b> 45.3g	<b>58%</b>
Saturated Fat 5.91g	<b>30%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 1mg	<b>0%</b>
<b>Total Carbohydrate</b> 27.2g	<b>10%</b>
Dietary Fiber 10.6g	<b>38%</b>
Total Sugars 7.66g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 20.2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 105mg	<b>8%</b>
Iron 3.92mg	<b>22%</b>
Potassium 20mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Pistachio kernels are processed by Mid Valley Nut Co., Inc. of California, USA. Product is processed through a PPO treatment and packed into bulk packaging. Fresh flavor typical of pistachio nuts, free from rancid, stale or any other off flavors and off odors. Ingredients consist of 100% shelled pistachios. The product is GMO free, gluten free, and kosher certified.

### Ingredients

Pistachios

### ⚠ Allergens

#### Contains:

tree nuts

#### Free From:

crustaceans eggs fish milk  
 peanuts soy wheat

### Handling Suggestions

Store in a cool, dry, odor free environment, away from direct sunlight at 35 - 40 Fahrenheit and at 55-65% RH.

### Serving Suggestions

To be used in trail mixes, granola mixes, baking, cooking, etc.

### Prep & Cooking Suggestions

Bulk item intended for further processing per serving suggestions.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Mid Valley Nut Co	The Hemisphere Group	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	N/a	310821			1/30 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.5lb	30lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	11.75in	9in	0.98ft3	10x7	357days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	560	Total Fat	45.3g	Sodium	1mg
Protein	20.2	Trans Fats		Calcium	105mg
Total Carbohydrates...	27.2g	Saturated Fat	5.91g	Iron	3.92mg
Sugars	7.66g	Added Sugars	0g	Potassium	20mg
Dietary Fiber	10.6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

