



Garden Fresh Gourmet

311028 - Black Bean & Corn Salsa

Black Bean & Corn Salsa is a great addition to the store display helping to round out a standard set of fresh salsa. Black Bean and corn is great heated, and added to rice, great in burrito's and enchilada's, and for a topping to your favorite protein straight off the grill.



Nutrition Facts

Servings per Container 15
Serving size 30.0g (30g)

Amount per serving
Calories 15

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 75mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Garden Fresh Gourmet Black Bean and Corn salsa is made with Tomatoes, tomato juice, Black beans, corn, onions, green peppers, fresh Cilantro, sugar, jalapeno peppers, vinegar, dried herbs and spices, cumin and lime juice and lime oil.

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Ingredients

TOMATOES, TOMATO JUICE, BLACK BEANS (WITH WATER, SALT, IRON GLUCONATE FOR COLOR), CORN, ONIONS, WATER, GREEN PEPPERS, CILANTRO, SUGAR, JALAPENO PEPPERS, VINEGAR, SALT, DRIED ONIONS, CITRIC ACID, DRIED GARLIC, CELERY POWDER, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), CUMIN. LIME JUICE CONCENTRATE, LIME OIL.

Allergens

Free From:



Handling Suggestions

Refrigerate at 40 degrees

Serving Suggestions

Topping for Huevos' Rancheros...any egg dish...nachos, burritos, enchiladas.

Prep & Cooking Suggestions

Open and Serve

Product Specifications

Brand	Manufacturer	Product Category
Garden Fresh Gourmet	Hummus Gourmet	Salsa

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
647671160215	BBC16GF6SP	311028	10647671160212		6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7lb	6lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
3.75in	9.88in	14.63in	0.31ft3	12x16	45days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	15	Total Fat	0g	Sodium	130mg
Protein	1	Trans Fats		Calcium	0mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars	1g	Potassium	75mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

