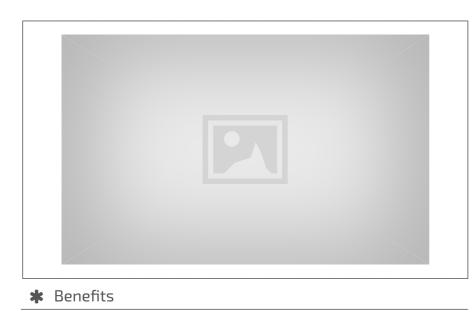


# Fortune Avenue

# 31155 - Shrimp & Pork Wontons

Fortune Avenue Foods Shrimp and Pork wontons are pre-steamed and come frozen. They have a savory shrimp, pork and variety of vegetable filling wrapped in thin fresh egg noodle dough and formed into a parcel similarly shaped like ancient gold ingots.





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#### Ingredients

WRAPPER: ENRINCHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER), REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), WATER, POTATO STARCH, TAPIOCA STARCH, WHEAT GLUTEN, SOYBEAN OIL, XANTAN GUM (WATER, XANTHAN GUM), SALT, DOUGH CONDITIONER [ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, ENZYMES]. FILLING: TEXTURED SOY FLOUR, SHRIMP, GREEN ONION, CABBAGE, EGG, POTATO STARCH, BROWN SUGAR, SALT, SESAME OIL (SESAME OIL, SOYBEAN OIL),FISH SAUCE (ANCHOVY EXTRACT, SALT, WATER, FRUCTOSE, HYDROLYSED VEGETABLE PROTEIN), GINGER, SHRIMP FLAVOR, WHITE PEPPER.

A	Allergens	

#### Contains:

() crustaceans () eggs () fish () soy

#### Free From:

(b) milk (c) peanuts (b) tree nuts

# **Nutrition Facts**

Servings per Container Serving size	32 2.65OZ
Amount per serving Calories	160
% Da	ily Value*
Total Fat 6g	9%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat	
Cholesterol 15mg	5%
Sodium 440mg	18%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Total Sugars 1g	
Includes 0g Added Sugar	%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 36.8mg	4%
Iron 1mg	6%
Potassium 150mg	4%
* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.	

#### Handling Suggestions

KEEP FROZEN, FOR SAFETY, PRODUCT MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165F OR ABOVE AS MEASURED BY USE OF A THERMOMETER.

#### Serving Suggestions

They are commonly enjoyed in a clear broth soup or boiled and served with chili oil and seasoning or deep friend and served with a dipping sauce. Whichever way these wontons are enjoyed, please ensure that the internal temperature reached 165F before serving.

## Prep & Cooking Suggestions

TO BOIL: NO NEED TO DEFROST. PLACE WONTONS IN BOILING WATER, STIRRING SLOWLY TO PREVENT STICKING. WHEN THE WATER COMES TO A BOIL AGAIN, TURN TO MEDIUM HEAT. COOK UNTIL THE WONTONS FLOAT AND ARE SLIGHTLY PLUMP (TOTAL COOKING TIME APPROX. 3 TO 4 MINUTES). TO DEEP FRY: NO NEED TO DEFROST. PLACE POTSTICKERS INTO 350F HOT OIL AND DEEP FRY FOR 2 TO 3 MINUTES.

# Product Specifications

Brand				Manufacturer				
Fortune Avenue				Fortune Avenue Foods Inc				
UPC	MF	G #	SPC #	GT	ĪN	Pack		Pack Desc.
	10	63	31155					300/.50 OZ
Gross Weight Net Weight Co			ht Cou	ntry of (	Origin	Кс	sher	Child Nutrition
121	b	10lb	U	nited Sta	ates	No		
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf I	_ife	Storage Temp From/To	
18.88in	11.25in	6.5in	0.8ft3	8x12	365da	ays	-2°F/-5°F	





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Nutrition Analysis - By Measure

Calories	160	Total Fat	6g	Sodium	440mg
Protein	6	Trans Fats		Calcium	36.8mg
Total Carbohydrates…	21g	Saturated Fat	2.5g	Iron	1mg
Sugars	1g	Added Sugars	Og	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

#### Additional Images

