

Ardens Garden

31834 - Beet It Better Vegatable Juice

Beet It Better- Beets, Apple Juice, Ginger Beets fiber, folate and Vitamin C.

Apple Juice - vitamins B and C, soluble fiber pectin

Ginger gingerol and contains more potassium than a banana





* Benefits

Beet It Better- Beets, Apple Juice, Ginger Beets a great source of nutrients like fiber, folate and Vitamin C. Apple Juice - is 88% water and apples are rich in plant compounds; full of vitamins B and C, which are great for the immune system and cell metabolism. Also has soluble fiber pectin Ginger is high in gingerol and contains more potassium than a banana

Ingredients	▲ Allergens
Beets, Apple Juice, Ginger	Free From: crustaceans eggs fish milk peanuts sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 1 Serving size 15.20Z

Amount per serving Calories

190

Calonies	190
%	Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 42g	14%
Dietary Fiber 3g	12%
Total Sugars 32g	
Includes 0g Added Sugar	0%
Protein 6g	_
When is D. Ores	00/
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 3mg	16%
Potassium 40mg	29%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated UNIT UPC: 602804011048

Serving Suggestions

Drink and Enjoy

Prep & Cooking Suggestions

ready to drink



Product Specifications

Brand	Manufacturer
Ardens Garden	Ardens Garden

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
602804011048	31834	31834	10602804011045		6/15.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	6.4lb	United States	Yes	

Shipping Information							
Length Width Height			Volume	TIxHI	Shelf Life	Storage Temp From/To	
6in	4.5in	7in	0.11ft3	63x4	60days	35°F / 37°F	





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Nutrition Analysis - By Measure

Calories	190	Total Fat	0g	Sodium	70mg
Protein	6	Trans Fats	0g	Calcium	40mg
Total Carbohydrates···	42g	Saturated Fat	0g	Iron	3mg
Sugars	32g	Added Sugars	0g	Potassium	40mg
Dietary Fiber	Dietary Fiber 3g			Zinc	
Lactose	Lactose			Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium	gnesium Vitamin B-6			Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images







