



Ardens Garden

31838 - Green Energy Machine Vegetable Juic

Green Energy Machine. Cold Pressed Juice. Juiced in Atlanta Ga for over 25 years.
Cucumbers, Celery, Apple Juice, Spinach, Kale, Ginger Green Energy Machine.



* Benefits

Green Energy Machine- Cucumbers, Celery, Apple Juice, Spinach, Kale, Ginger. Cucumbers high in nutrients and low in calories, cucumbers also contain antioxidants and act as a diuretic. Celery a rich source of antioxidants and phytonutrients. It's rich in Vitamin K and is mainly water, which makes it a good source of dietary fiber. Apple Juice - is 88% water and apples are rich in plant compounds; full of vitamins B and C, which are great for the immune system and cell metabolism. Also has soluble fiber pectin. Spinach a low-calorie superfood loaded with nutrients. It's a great source of iron, dietary magnesium. Kale contains fiber, antioxidants, calcium and Vitamin K. Also a good source of Vitamin C and iron. Its full of phosphorus, magnesium and potassium, which are important for energy production and cell metabolism. Ginger - is high in gingerol and contains more potassium than a banana.

Ingredients

Cucumbers, Celery, Apple Juice, Spinach, Kale, Ginger

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 1
Serving size 15.2OZ

Amount per serving
Calories 130

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 30g	10%
Dietary Fiber 2g	8%
Total Sugars 18g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 80mg	8%
Iron 1.5mg	8%
Potassium 674mg	19%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated UNIT UPC: 602804011079

Serving Suggestions

Drink and Enjoy

Prep & Cooking Suggestions

Ready to drink

📄 Product Specifications

Brand	Manufacturer
Ardens Garden	Ardens Garden

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
602804011079	31838	31838	10602804011212		6/15.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	6.4lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
6.75in	4.5in	7in	0.12ft3	63x4	60days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	0g	Sodium	20mg
Protein	2	Trans Fats	0g	Calcium	80mg
Total Carbohydrates...	30g	Saturated Fat	0g	Iron	1.5mg
Sugars	18g	Added Sugars	0g	Potassium	674mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

