



Ardens Garden

31846 - Ph Solution Vegetable Juice

PH Solution. Cold Pressed Juice. Juiced in Atlanta Ga for over 25 years. Cucumbers, Celery, Distilled Water, Spinach, Kale, Lemons PH Solution. Distilled Water is purified to eliminate contaminants.



Nutrition Facts

Servings per Container	1
Serving size	15.2OZ
Amount per serving	
Calories	40
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.5mg	8%
Potassium 450mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

PH Solution- Cucumbers, Celery, Distilled Water, Spinach, Kale, Lemons. Cucumbers high in nutrients and low in calories, cucumbers also contain antioxidants and act as a diuretic. Celery - a rich source of antioxidants and phytonutrients. It's rich in Vitamin K and is mainly water, which makes it a good source of dietary fiber. Distilled Water - water that's purified through distillation where water is boiled until it becomes steam and then cooled back down. This process eliminates contaminants. Spinach - a low-calorie leafy green loaded with nutrients. It's a great source of iron, dietary magnesium. Kale contains fiber, antioxidants, calcium and Vitamin K. Also a good source of Vitamin C and iron. Its full of phosphorous, magnesium and potassium, which are important for energy production and cell metabolism. Lemons - good source of Vitamin C, which aids the immune system. Lemons are also rich in bioflavonoids and are a natural diuretic.

Ingredients

Cucumbers, Celery, Distilled Water, Spinach, Kale, Lemons

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Keep Refrigerated

📄 Product Specifications

Brand	Manufacturer	Product Category
Ardens Garden	Ardens Garden	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
602804011093	31846	31846	10602804011090		6/15.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	6.4lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
6.75in	4.5in	7in	0.12ft3	63x4	60days	35°F / 37°F

Serving Suggestions

Enjoy

Prep & Cooking Suggestions

ready to drink



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Nutrition Analysis - By Measure

Calories	40	Total Fat	0g	Sodium	20mg
Protein	2	Trans Fats		Calcium	80mg
Total Carbohydrates...	8g	Saturated Fat	0g	Iron	1.5mg
Sugars	1g	Added Sugars	0g	Potassium	450mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

