

Fermin

32030 - Paleta Iberico Bellota Ham Boneless



Fermn Ibrico shoulder is made from the front leg of the iberico pig, a native breed from Spain. It is made from a free range, 100% Iberico pig. CURED FOR 20 months using artisanal methods in La Alberca, Spain



* Benefits

Fermn Ibrico shoulder is made from the front leg of the iberico pig, a native breed from Spain. It is made from a free range, 100% Iberico pig.

During the Montanera season (from October through February), this pig doubles its weight eating acorns and grass. Making it the finest and most prestigious shoulder in the world.

CURED FOR 20 months using artisanal methods in La Alberca, Spain, a Natural Reserve declared a World Heritage Heritage.

| Ingredients | A Allergens |
|---|--|
| 100% Iberico Shoulder, salt, sugar, trisodium citrate, potassium nitrate, sodium nitrate | Free From: Segs Se |

Nutrition Facts

Servings per Container 104 1.00Z (1oz) Serving size

Amount per serving Calories

150

| Galories | 130 | | | |
|-------------------------|-----|--|--|--|
| % Daily Valu | | | | |
| Total Fat 14g | 22% | | | |
| Saturated Fat 3g | 15% | | | |
| Trans Fat 0g | | | | |
| Cholesterol 25mg | 8% | | | |
| Sodium 460mg | 19% | | | |
| Total Carbohydrate 0g | 0% | | | |
| Dietary Fiber 0g | 0% | | | |
| Total Sugars 0g | | | | |
| Includes 0g Added Sugar | 0% | | | |
| Protein 5g | | | | |
| | | | | |
| Vitamin D 0mcg | 0% | | | |
| Calcium 8mg | 2% | | | |
| Iron 1.5mg | 2% | | | |
| Potassium 0mg | 0% | | | |
| | | | | |

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Shelf stable

Serving Suggestions

Slice finely and serve

Prep & Cooking Suggestions

Ready to eat and serve



Product Specifications

F02030

32030

| Brand | | | Manufacturer | | | | |
|--------|-------|-------|--------------|------|--|------|------------|
| Fermin | | | Fermin USA | | | | |
| | | | | | | | |
| UPC | MFG # | SPC # | | GTIN | | Pack | Pack Desc. |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 6lb | 5lb | Spain | No | |

10818003011520

| Shipping Information | | | | | | |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 10in | 10in | 10in | 0.58ft3 | 13x17 | 475days | 35°F / 37°F |



1/6.5 LB



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Nutrition Analysis - By Measure

| Calories | 150 | Total Fat | 14g | Sodium | 460mg |
|------------------------|-----|---------------------|------|----------------|-------|
| Protein | 5 | Trans Fats | 0g | Calcium | 8mg |
| Total Carbohydrates··· | 0g | Saturated Fat | 3g | Iron | 1.5mg |
| Sugars | 0g | Added Sugars | 0g | Potassium | 0mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 25mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

| 0 | Additional Images | | |
|---|-------------------|--|--|
| | | | |
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