



South Mtn Creamery

# 32116 - 2% Homogenized Milk

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty.



## Nutrition Facts

Servings per Container 4  
Serving size 8FLOZ (240MLT)

Amount per serving  
**Calories 120**

% Daily Value\*

Total Fat 5g 6%  
Saturated Fat 3g 15%  
Trans Fat

Cholesterol 20mg 7%

Sodium 115mg 5%

Total Carbohydrate 12g 4%

Dietary Fiber 0g 0%

Total Sugars 12g  
Includes 0g Added Sugar 0%

Protein 8g

Vitamin D 3mcg 15%

Calcium 290mg 22%

Iron 0mg 0%

Potassium 340mg 7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows, and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty. We pride ourselves on being farmer operated and family owned, practicing responsible farming practices and ethical treatment of the animals. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.

### Ingredients

Reduced fat grade A milk, vitamin A, vitamin D3

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Keep refrigerated

### Serving Suggestions

Keep refrigerated, serve and enjoy!

### Prep & Cooking Suggestions

No preparation necessary, serve and enjoy!

### Product Specifications

Brand	Manufacturer	Product Category
South Mtn Creamery	South Mountain Creamery	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
812813020027	270	32116			12/1 QT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
44.5lb	44lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	14.5in	11in	0.92ft3	10x5	15days	35°F / 37°F



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#### Nutrition Analysis - By Measure

Calories	120	Total Fat	5g	Sodium	115mg
Protein	8	Trans Fats		Calcium	290mg
Total Carbohydrates...	12g	Saturated Fat	3g	Iron	0mg
Sugars	12g	Added Sugars	0g	Potassium	340mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

#### Additional Images

