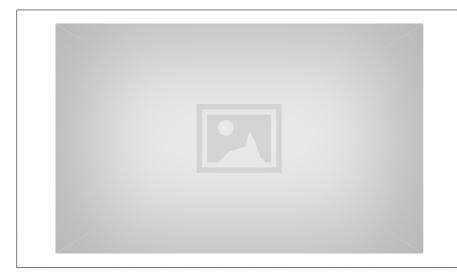


#### **South Mtn Creamery** 32118 - **Buttermilk**



South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty.



#### \* Benefits

South Mountain Creamery Buttermilk. Minimally processed by the same family and team that milks the cows, and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty. We pride ourselves on being farmer operated and family owned, practicing responsible farming practices and ethical treatment of the animals. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.

| Ingredients                       | Allergens   |
|-----------------------------------|---|
| Cultured Grade A reduced fat milk | Contains:  implies milk  Free From:  crustaceans eggs fish peanuts  soy tree nuts wheat |

# **Nutrition Facts**

Servings per Container 1cup (227g) Serving size

Amount per serving

| 140       |
|-----------|
| ly Value* |
| 6%        |
| 15%       |
|           |
| 7%        |
| 11%       |
| 5%        |
| 0%        |
|           |
| %         |
| _         |
| 0%        |
| 25%       |
| 0%        |
| 10%       |
|           |

a day is used for general nutrition advice.

#### **Handling Suggestions**

Keep refrigerated

# Serving Suggestions

Enjoy chilled or use in your favorite recipes!

### Prep & Cooking Suggestions

Enjoy chilled or use in your favorite recipes



# Product Specifications

| Brand              | Manufacturer            |
|--------------------|-------------------------|
| South Mtn Creamery | South Mountain Creamery |

| UPC          | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|-------|------|------|------------|
| 812813020058 | 284   | 32118 |      |      | 6/1 QT     |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 22.5lb       | 22lb       | United States     | No     |                 |

| Shipping Information |        |        |        |         |       |            |                      |
|----------------------|--------|--------|--------|---------|-------|------------|----------------------|
|                      | Length | Width  | Height | Volume  | TIxHI | Shelf Life | Storage Temp From/To |
|                      | 10in   | 14.5in | 11in   | 0.92ft3 | 20x5  | 23days     | 35°F / 37°F          |





## South Mtn Creamery 32118 - **Buttermilk**



South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty.

Nutrition Analysis - By Measure

| Calories               | 140 | Total Fat           | 5g     | Sodium         | 260mg |
|------------------------|-----|---------------------|--------|----------------|-------|
| Protein                | 10  | Trans Fats          |        | Calcium        | 350mg |
| Total Carbohydrates••• | 13g | Saturated Fat       | 3g     | Iron           | 0.1mg |
| Sugars                 | 13g | Added Sugars        | 0g     | Potassium      | 440mg |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |        | Zinc           |       |
| Lactose                |     | Monounsaturated Fat |        | Phosphorus     |       |
| Sucrose                |     | Cholesterol         | 20mg   |                |       |
| Vitamin A(IU)•         |     | Vitamin D           | 0.1mcg | Thiamin        |       |
| Vitamin A(RE)          |     | Vitamin E           |        | Niacin         |       |
| Vitamin C              |     | Folate              |        | Riboflavin     |       |
| Magnesium              |     | Vitamin B-6         |        | Vitamin B-1 2• |       |
| Monosodium             |     | Sulphites           |        | Nitrates       |       |

| 0 | Additional Images |  |  |  |  |  |  |  |
|---|-------------------|--|--|--|--|--|--|--|
|   |                   |  |  |  |  |  |  |  |
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