



South Mtn Creamery

32119 - Egnog

Egg Nog, fresh from our farm to your home. Grade A. Pasteurized. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.



Nutrition Facts

Servings per Container 8
Serving size 100g

Amount per serving
Calories 150

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	25%
<i>Trans Fat</i>	
Cholesterol 50mg	17%
Sodium 50mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 10g Added Sugar	%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0mg	0%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Egg Nog, fresh from our farm to your home. Grade A. Pasteurized. South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows, and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty. We pride ourselves on being farmer operated and family owned, practicing responsible farming practices and ethical treatment of the animals. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.

Ingredients

Milk, cream, sugar, nonfat milk, egg yolks, guar gum, gellan gum, natural flavor, annatto and turmeric extracts (color), nutmeg

Allergens

Contains:

eggs milk

Free From:

crustaceans fish peanuts soy
 tree nuts wheat

Handling Suggestions

Keep refrigerated

Serving Suggestions

Serve and enjoy!

Prep & Cooking Suggestions

No preparation necessary, serve and enjoy!

Product Specifications

Brand	Manufacturer
South Mtn Creamery	South Mountain Creamery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
812813023530	528	32119			12/1 QT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
44.5lb	44lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	14.5in	11in	0.92ft3	10x5	15days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	150	Total Fat	9g	Sodium	50mg
Protein	4	Trans Fats		Calcium	120mg
Total Carbohydrates...	15g	Saturated Fat	5g	Iron	0mg
Sugars	15g	Added Sugars	10g	Potassium	150mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

