



South Mtn Creamery

32124 - Chocolate Whole Milk

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty.



Nutrition Facts

Servings per Container	1
Serving size	12OZ
Amount per serving	
Calories	340
<i>% Daily Value*</i>	
Total Fat 14g	18%
Saturated Fat 9g	45%
<i>Trans Fat</i>	
Cholesterol 50mg	17%
Sodium 320mg	14%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 39g	
Includes 22g Added Sugar	44%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 440mg	34%
Iron 1.9mg	11%
Potassium 700mg	15%

* Benefits

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows, and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty. We pride ourselves on being farmer operated and family owned, practicing responsible farming practices and ethical treatment of the animals. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.

Ingredients

Grade A milk, cane sugar, cocoa (processed with alkali), dextrose, cornstarch, salt, carrageenan, natural vanilla

⚠ Allergens

Contains:



Free From:



* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated

Serving Suggestions

Serve and enjoy!

Prep & Cooking Suggestions

No preparation necessary, serve and enjoy!

📄 Product Specifications

Brand	Manufacturer	Product Category
South Mtn Creamery	South Mountain Creamery	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
812813024698	1527	32124			12/12 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.5lb	11lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	10in	6in	0.28ft3	26x6	15days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	340	Total Fat	14g	Sodium	320mg
Protein	13	Trans Fats		Calcium	440mg
Total Carbohydrates...	42g	Saturated Fat	9g	Iron	1.9mg
Sugars	39g	Added Sugars	22g	Potassium	700mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

