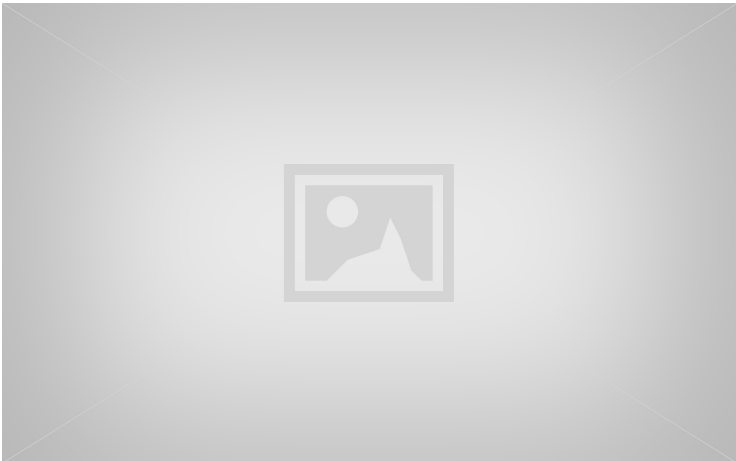




Parm Crisps

321912 - Mediterranean Za'atar Parm Crisps Gluten Free

ParmCrisps offers distinct flavors in the category, designed for the deli consumer. Adds a peppery kick to traditional parmesan and melds wonderfully with red salsas, corn salsa or as a base to a decadent nacho appetizer.



* Benefits

ParmCrisps branded snacks are artisan-crafted, crunchy crisps made of real, oven-baked cheese and premium seasonings. High in protein and low in carbs, ParmCrisps are Keto-friendly, gluten-free and sugar-free. ParmCrisps is leading the snack category, satisfying consumers with 100% cheese that can serve as their low carb cracker option.

Ingredients

Parmesan cheese (cultured milk, salt, enzymes), Sesame seed, rice flour, salt, citric acid, natural flavors, olive oil and less than 2% sunflower oil added as a processing aid.

⚠ Allergens

Free From:

- crustaceans eggs fish peanuts
 soy tree nuts wheat

Nutrition Facts

Servings per Container	4.5
Serving size	18.0g (18g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat	
Cholesterol 20mg	7%
Sodium 250mg	11%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 240mg	20%
Iron 0.2mg	0%
Potassium 30mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in a cool, dry place.

Serving Suggestions

Eat plain or put in soup or salad!

Prep & Cooking Suggestions

Ready to eat.

✎ Product Specifications

Brand			Manufacturer			
Parm Crisps			Hain Group/Terra Chips			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
840093501424	KB337	321912	10840093501421		12/3 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
3.25lb		2.25lb	United States	No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.88in	9.32in	6.88in	0.52ft3	13x7	65days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	7g	Sodium	250mg
Protein	8	Trans Fats		Calcium	240mg
Total Carbohydrates...	1g	Saturated Fat	4.5g	Iron	0.2mg
Sugars	0g	Added Sugars	0g	Potassium	30mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

