

Sabarot 32213 - French Green Chevrier Flageolet Bea



Dried Chevrier Flageolet beans. Well-known for their culinary and dietary properties, dried vegetables provide vegetable proteins (without fat), provide fiber, minerals and are naturally poor in lipids.

		Nutrition Facts		
BAROT	Servings per Container 50 Serving size 100.0g (100g)			
Ver	peolets ts	Amount per serving Calories	346	
ARO	~	% D	aily Value*	
(AB)		Total Fat 1.4g	0%	
		Saturated Fat 0g	0%	
		Trans Fat		
		Cholesterol 0mg	0%	
* Benefits		Sodium Omg	0%	
		Total Carbohydrate 38g	14%	
Dried Chevrier Flageolet beans. Well-known for their culinary and dietary pro	perties, dried vegetables provide vegetable	Dietary Fiber 0g	0%	
proteins (without fat), provide fiber, minerals Flageolet beans are commonly used in a sala	Total Sugars 0g			
and creamy texture and hold up well to stirr	ng and other rough treatment.	Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 21.1g		
		Vitamin D 0mcg	0%	
Dried Flageolet Beans	Free From:	Calcium 0mg	0%	
	crustaceans () eggs () fish () milk	Iron 6.5mg	36%	
	Speanuts 🛞 soy 💮 tree nuts 🋞 wheat	Potassium 0mg	0%	
		* The % Daily Value (DV) tells you how mud a serving of food contributes to a daily diet a day is used for general nutrition advice.		

Handling Suggestions

Dry

Serving Suggestions

Flageolet beans are commonly used in a salads, curries and stews. They cook to a dense and creamy texture and hold up well to stirring and other rough treatment.

Prep & Cooking Suggestions

As instructed

Product Specifications

Brand			Manufacturer			Product Category			
Sabarot		F	French Food Exports			Vegetables, Other			
UPC	MFG	# SF	PC #	GTIN			Pack	Pack Desc.	
	3221	3 32	213	C	311195	0047841	47841		1/11 LB
Gross Weight N		Net Wei	ght	Country of Origin		Kosher Child Nu		Child Nutrition	
11.8lb		11lb	France		e		No		
Shipping Information									
Length	Width	Height	Volur	ne	TIxHI	Shelf Li	ife	Storage Temp From/To	
15in	10in	6.9in	0.6ft	t3	10x7	475da	ys	60°F / 77°F	





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Nutrition Analysis - By Measure

Calories	346	Total Fat	1.4g	Sodium	0mg
Protein	21.1	Trans Fats		Calcium	0mg
Total Carbohydrates…	38g	Saturated Fat	Og	Iron	6.5mg
Sugars	Og	Added Sugars	Og	Potassium	0mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



