



Sabarot

32213 - French Green Chevrier Flageolet Bea

Dried Chevrier Flageolet beans.

Well-known for their culinary and dietary properties, dried vegetables provide vegetable proteins (without fat), provide fiber, minerals and are naturally poor in lipids.



Nutrition Facts

Servings per Container 50
Serving size 100.0g (100g)

Amount per serving
Calories 346

% Daily Value*

Total Fat	1.4g	0%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	38g	14%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes Added Sugar	0g	0%
Protein	21.1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	6.5mg	36%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Dried Chevrier Flageolet beans. Well-known for their culinary and dietary properties, dried vegetables provide vegetable proteins (without fat), provide fiber, minerals and are naturally poor in lipids. Flageolet beans are commonly used in a salads, curries and stews. They cook to a dense and creamy texture and hold up well to stirring and other rough treatment.

Ingredients

Dried Flageolet Beans

⚠ Allergens

Free From:



Handling Suggestions

Dry

Serving Suggestions

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Prep & Cooking Suggestions

As instructed

📄 Product Specifications

Brand	Manufacturer	Product Category
Sabarot	French Food Exports	Vegetables, Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	32213	32213	03111950047841		1/11 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.8lb	11lb	France	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15in	10in	6.9in	0.6ft3	10x7	475days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	346	Total Fat	1.4g	Sodium	0mg
Protein	21.1	Trans Fats		Calcium	0mg
Total Carbohydrates...	38g	Saturated Fat	0g	Iron	6.5mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

