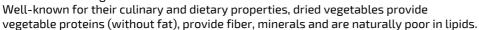


#### **Sabarot**

## 32213 - French Green Chevrier Flageolet Bea









#### \* Benefits

Dried Chevrier Flageolet beans.

Well-known for their culinary and dietary properties, dried vegetables provide vegetable proteins (without fat), provide fiber, minerals and are naturally poor in lipids. Flageolet beans are commonly used in a salads, curries and stews. They cook to a dense and creamy texture and hold up well to stirring and other rough treatment.

Ingredients	A Allergens
Dried Flageolet Beans	Free From:    crustaceans   eggs   fish   milk     peanuts   soy   tree nuts   wheat

# **Nutrition Facts**

Servings per Container **50** 100.0g (100g) Serving size

**Amount per serving** Calories

346

Galorics	340
% D	aily Value*
Total Fat 1.4g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 38g	14%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 21.1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 6.5mg	36%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

#### Product Specifications **Handling Suggestions**

Dry

## Serving Suggestions

Flageolet beans are commonly used in a salads, curries and stews. They cook to a dense and creamy texture and hold up well to stirring and other rough treatment.

## Prep & Cooking Suggestions

As instructed

Brand	Manufacturer	Product Category
Sabarot	French Food Exports	Vegetables, Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	32213	32213	03111950047841		1/11 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.8lb	11lb	France	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15in	10in	6.9in	0.6ft3	10x7	475days	60°F / 77°F





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Dried Chevrier Flageolet beans.

Well-known for their culinary and dietary properties, dried vegetables provide vegetable proteins (without fat), provide fiber, minerals and are naturally poor in lipids.

### Nutrition Analysis - By Measure

Calories	346	Total Fat	1.4g	Sodium	0mg
Protein	21.1	Trans Fats		Calcium	0mg
Total Carbohydrates•••	38g	Saturated Fat	0g	Iron	6.5mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

