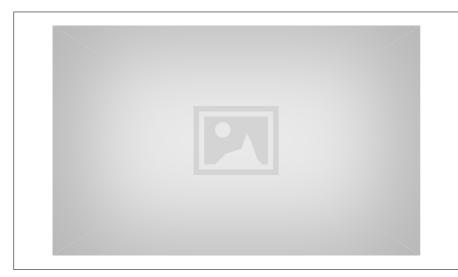


Pride of the Prairie

3276371 - Prairie Strong High Gluten Flour



Our enriched high gluten flour is made with hard red spring wheat. This flour provides elevated gluten activity for high protein baked goods. Great for breads, pizzas, and pastas.



* Benefits

Pride of the Prairie, Prairie Strong Hi-Gluten Flour

Ingredients	▲ Allergens
Hard Red Spring Wheat, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B11], Riboflavin [Vitamin B2], Folic Acid, Enzyme	Contains: wheat Free From: crustaceans eggs of fish milk peanuts sesame soy tree nuts

Nutrition Facts

Servings per Container 700 Serving size 1/4cup (32g)

Amount per serving Calories

100

% Da	aily Value*	
Total Fat 0 g	0%	
Saturated Fat 0 g	0%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 6 mg	0%	
Total Carbohydrate 22 g	8%	
Dietary Fiber 1 g	4%	
Total Sugars 0 g		
Includes 0 g Added Sugar	0%	
Protein 4 g		
	201	
Vitamin D 0 mcg	0%	
Calcium 4 mg	0%	
Iron 2 mg	11%	
Potassium 36 mg	0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Manufacturer

Handling Suggestions

Dry---

UNIT UPC: 853518001430

Serving Suggestions

Baking

Prep & Cooking Suggestions

Use according to recipe/ application purpose. Do not consume raw.



Product Specifications

Brand

Pride of the Prairie			Farmer Direct Foods			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
853518001430	3276371	3276371	00853518001430		1/50 LB	

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.5 lb	50 lb	United States of America	Yes	

Shipping Information							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	17 in	5 in	25 in	1.23 ft3	5x10	356 days	60 °F / 77 °F





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Nutrition Analysis - By Measure

Calories	100	Total Fat	0 g	Sodium	6 mg
Protein	4	Trans Fats	0 g	Calcium	4 mg
Total Carbohydrates	22 g	Saturated Fat	0 g	Iron	2 mg
Sugars	0 g	Added Sugars	0 g	Potassium	36 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

