



La Bonne Vie  
32950 - Goat Cheese Log Organic

La Bonne Vie Organic goat cheese is made using farm-fresh goat milk and is rich with a creamy texture and a fresh citrusy bite. Serve by itself with fresh fruits or as an ingredient in the kitchen to add a complex creamy layer to your next dish.



Nutrition Facts

Servings per Container	4
Serving size	1.0OZ (1oz)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 75mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0mg	0%
Potassium 4mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

La Bonne Vie goat cheeses are known for their quality and bright citrusy flavors. With our organic line of cheese, we have sourced the best farm-fresh organic goat's milk we can get on hands-on. Goat cheese made with the milk of primarily grass-fed goat results in a brighter, cleaner, flavor while maintaining the creamy rich texture of the finest fresh chevre. With a vast number of applications, our organic line of goat cheeses will give your dishes a superior flavor and the comfort of knowing that the milk was sourced responsibly. Try this goat cheese chilled and crumbled in a bright and fruit-heavy spring salad or atop a warm and wintery squash and pumpkin soup. A cheese that knows no season. After warming on your counter, this cheese is as spreadable as cream cheese and can be smeared on a warm bagel alongside capers, smoked salmon, and fresh dill. Our organic goat cheeses are made using vegetarian rennet and are gluten-free.

Ingredients

CULTURED PASTEURIZED  
ORGANIC GOAT MILK, SALT,  
ENZYMES.

⚠ Allergens

Contains:



Free From:



crustaceans



eggs



fish



peanuts



sesame



soy



tree nuts



wheat

Handling Suggestions

Keep refrigerated until ready to  
serve UNIT UPC: 820581384722

Serving Suggestions

Use this cheese as an appetizer with  
jams or an ingredient for a creamy,  
citrusy bite in your next dish.

Prep & Cooking Suggestions

Open and Serve

📄 Product Specifications

Brand	Manufacturer
La Bonne Vie	La Bonne Vie

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581384722	32950	32950	10820581384729		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.5lb	3lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	7.5in	3in	0.16ft3	20x20	98days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	70	Total Fat	5g	Sodium	75mg
Protein	4	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	1g	Saturated Fat	3.5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	4mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

