



Kabobs

# 3409 - Roasted Vegetable Polenta Medallion

Fire-Roasted Vegetable Polenta Cake



## Nutrition Facts

<b>Servings per Container</b>	<b>24</b>
<b>Serving size</b>	<b>1.0EA (1EA)</b>
<hr/>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
<hr/>	
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 780mg	<b>34%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 6g	
Includes 6g Added Sugar	<b>12%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 110mg	<b>8%</b>
Iron 1.7mg	<b>9%</b>
Potassium 390mg	<b>8%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Roasted cauliflower, butternut squash, red onion, edamame, red bell pepper, and zucchini, accented with crushed sea salt and placed on top of an herb polenta cake.

Vegan and Gluten-Friendly Entree  
- Great visual presentation - Vibrant Color  
- Serve as-is, or pairs well with an infused cilantro oil or a light creamy tomato sauce  
- Simple preparation, no thawing required.  
A vibrant bouquet of colors and fresh from the garden avior leads Kabobs center of the plate Fire-Roasted Vegetable Polenta Cake. Meeting the dietary requirements for both Vegan and Gluten-Friendly ate styles, this savory and colorful entree provides elegance and dramatic plate presentation, with little preparation. To make this entree, mirepoix, kabobs, chef's combined fresh hand-chopped cauliflower, butternut squash, red bell pepper, edamame, yellow squash, and red onions, and placed them on top of an herb polenta cake with soy-based mozzarella and Parmesan cheese.

### Ingredients

Cauliflower, butternut, squash, edamame, yellow squash, red pepper, red onions, pizza sauce with basil, modified corn starch, roasted mirepoix flavor concentrate, water, dextrose, salt, dried onions, maltodextrin, canola oil

### Allergens

#### Contains:

soy tree nuts

#### Free From:

crustaceans eggs fish milk  
 peanuts wheat

### Handling Suggestions

Keep Frozen

### Serving Suggestions

Vegan, Gluten Free Entree. Serve as-is, or pairs well with an infused cilantro oil or a light creamy tomato sauce

### Prep & Cooking Suggestions

**PREFERRED COOKING INSTRUCTIONS** - From frozen bake at 400 F for 10 minutes, reduce heat to 350 F and bake for 6-8 minutes or until internal temperature reaches 165 F

### Product Specifications

Brand	Manufacturer	Product Category
Kabobs	Kabobs	Prepared Entrees

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	K409	3409	00745378409016		24/6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.75lb	10.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.25in	7.63in	0.67ft3	10x8	269days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	160	Total Fat	4g	Sodium	780mg
Protein	5	Trans Fats		Calcium	110mg
Total Carbohydrates...	33g	Saturated Fat	0.5g	Iron	1.7mg
Sugars	6g	Added Sugars	6g	Potassium	390mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

