

Simplot

346697 - Blueberries Whole



Simplot Simple Goodness Blueberries Selected from the top growing regions in the U.S. and abroad.

These plump, large blueberries have no added sugar for more serving versatility



* Benefits

Blueberries

Blueberries
FRUIT BLUEBERRY INDIVIDUAL QUICK FROZEN 1-20 POUND
Selected from the top growing regions in the U.S. and abroad, Simplot Simple Goodness(TM) Fruit deliver all the color and flavor of fresh, without the costly, time-consuming prep and waste. These plump, large blueberries have no added sugar for more serving versatility
Perfect for baking: Ready to use, no washing; Consistent year-round quality and pricing; 100% useable, no trim loss or waste; Individually quick frozen pack for easy, convenient portioning

Ingredients	A Allergens
blueberries	Free From: Continue Continue

Nutrition Facts

Servings per Container 65 140.0g (140g) Serving size

Amount per serving Calories

80

<u>Gaiorics</u>					
% Daily Va					
Total Fat 1g	1%				
Saturated Fat 0g	0%				
Trans Fat 0g					
Cholesterol 0mg	0%				
Sodium Omg	0%				
Total Carbohydrate 17g	6%				
Dietary Fiber 4g	4%				
Total Sugars 12g					
Includes 0g Added Sugar	0%				
Protein 1g					
Vitamin D 0mcg	0%				
Calcium 0mg	0%				
Iron 0mg	0%				
Potassium 0mg	0%				

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

frozen

Serving Suggestions

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

Prep & Cooking Suggestions

ready to eat

Product Specifications

Brand	Manufacturer
Simplot	Dot Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	346697	346697	10071179199007		1/20 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.38in	9.38in	9.13in	0.66ft3	15x10	720days	-5°F / -2°F





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Nutrition Analysis - By Measure

Calories	80	Total Fat	1g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	17g	Saturated Fat	0g	Iron	0mg
Sugars	12g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

