



O Med

34926 - Extra Virgin Olive Oil Picual

Early harvest Picual extra virgin olive oil grown and bottled by O-Med in Andalusia, Spain. 2020 award recipient of "best agricultural product in Spain."



* Benefits

Harvested early in mid-October, O-Med Picual has an aroma that is categorized as medium fruitiness with tomato plant, green almond and hints of aromatic herbs. The palate gives a persistent taste of artichoke and green walnut. This is balanced with a long peppery finish, providing outstanding complexity and layers of flavor to your dish. Use O-Med Picual to finish meat dishes, tomato salads, and tomato sauces or drizzle over full bodied cheeses. Add to cold soups like vichyssoise or gazpacho/salmorejo. This oil has a special love affair with Pulpo Gallego, octopus.

Ingredients

Picual olives

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 5
Serving size 100ML (100MLT)

Amount per serving
Calories 828

% Daily Value*	
Total Fat 92g	100%
Saturated Fat 13g	100%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

dry

Serving Suggestions

finishing oil, dressing, sauces, dipping

Prep & Cooking Suggestions

finishing oil, dressing, sauces, dipping

✎ Product Specifications

Brand			Manufacturer			
O Med			PHILOSOPHY FOODS			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
	PAOM100290	34926			9/500 ML	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
21.29lb		20.97lb	Spain	No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.75in	7.75in	10.5in	0.36ft3	17x7	475days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	828	Total Fat	92g	Sodium	0mg
Protein	0	Trans Fats		Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	13g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

