



### Cuisine Solutions

## 35036 - Octopus Poached

Our gourmet poached octopus has been slow cooked sous-vide until perfectly tender. Simply prepared: octopus, salt, citric acid and sodium citrate. Cooked Sous Vide which provides unparalleled food safety.



## Nutrition Facts

Servings per Container 14  
Serving size 84.0g (84g)

Amount per serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 13g	
Vitamin D 0mcg	<b>0%</b>
Calcium 51mg	<b>4%</b>
Iron 4mg	<b>22%</b>
Potassium 672mg	<b>14%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

- Unparalleled food safety
- Our gourmet poached octopus has been slow cooked sous-vide until perfectly tender
- Simply prepared: octopus, salt, citric acid and sodium citrate
- Serving size: 3 ounces
- Servings per container: varies
- Long shelf life: keeps for 548 days frozen
- 10 pouches/case
- Protein-rich: 13g per serving
- 70 calories per serving
- Allows for versatile reheating: cast iron skillet, fryer, charcoal grill

### Ingredients

Octopus, Salt, Citric Acid, Sodium Citrate (may contain sulphites, crustaceans and fish traces).

### ⚠ Allergens

#### Contains:



#### Free From:



### Handling Suggestions

KEEP FROZEN AT 0F OR BELOW

### Serving Suggestions

Serve Octopus Fried, Grilled, Cold Marinated or cooked in a Cast Iron Skillet.

### Prep & Cooking Suggestions

Heat Grill to Medium- high heat & pat octopus dry. Toss lightly in oil & remove excess. Char on grill for 5-6 Minutes, turning the octopus 3-4 times.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Cuisine Solutions	Cuisine Solutions	Seafood

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	645075	35036	00705044052779		10/2.5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.15lb	25lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.63in	10.63in	10.69in	0.83ft3	12x4	357days	-2°F / -5°F



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### Nutrition Analysis - By Measure

Calories	70	Total Fat	1g	Sodium	200mg
Protein	13	Trans Fats		Calcium	51mg
Total Carbohydrates...	2g	Saturated Fat	0g	Iron	4mg
Sugars	0g	Added Sugars	0g	Potassium	672mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

