



Mitica

35070 - Flor De Sal

Flor de Sal is composed of the newly formed crystals of salt that float on the surface of salt pans. The sun-dried sea salt has fewer impurities and a great variety of minerals and micronutrients, and the delicate crystals crumble at a touch and melt on the tongue.



Nutrition Facts

Servings per Container	400
Serving size	1g
Amount per serving	
Calories	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 328mg	14%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0mg	0%
Potassium 78mg	2%

* Benefits

Considered the highest grade of sea salt, Flor de Sal is composed of the newly formed crystals of salt that float on the surface of salt pans before falling to the bottom. We source ours from the salt lakes in the heart of the Castro Marim, a protected nature reserve located along the southern tip of Portugal known as the Algarve, where salt has been harvested since Roman times. The salt from this region continues to be highly prized for its purity and is harvested exclusively by hand by workers who use only wooden instruments and their knowledge of the salt lakes. The sun-dried sea salt has fewer impurities and a great variety of minerals and micronutrients than mechanical salt, including sodium, magnesium, potassium, iron, zinc, manganese, and iodine. The delicate Flor de Sal crumbles at a touch and melts on the tongue.

Ingredients

100% unprocessed Atlantic Sea Salt.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in a cool, dry, place

Serving Suggestions

Perfect for finishing dishes like salads, roasted vegetables, meats, and eggs

Prep & Cooking Suggestions

ready to use

Product Specifications

Brand	Manufacturer	Product Category
Mitica	FOREVER CHEESE	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	PT111	35070			10/400 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10lb	8.81lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	7in	0.41ft3	16x5	999days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	0	Total Fat	0g	Sodium	328mg
Protein	0	Trans Fats		Calcium	30mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	78mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

