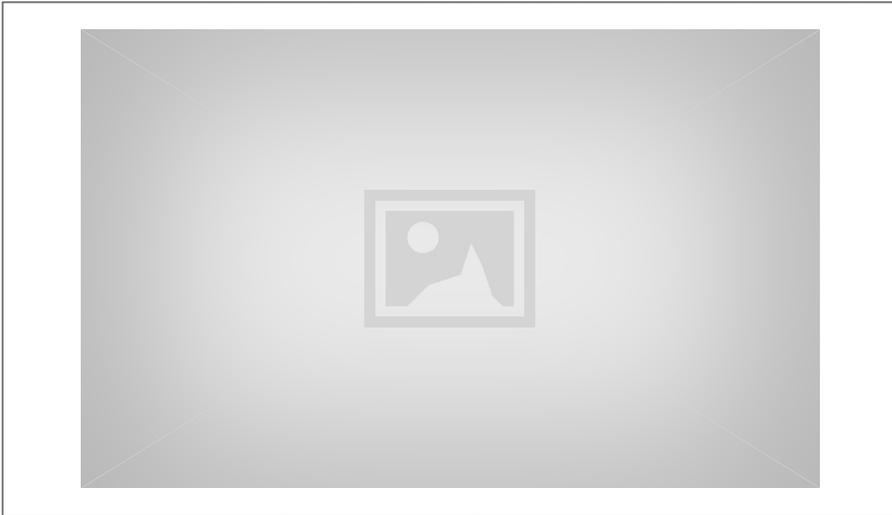




O Med

35216 - Extra Virgin Olive Oil Arbequina

Early harvest extra virgin Arbequina olive oil grown and bottled by O-Med in Andalusia, Spain. This premium extra virgin olive oil is a perfect finish for delicate fish dishes.



Nutrition Facts

Servings per Container 5
Serving size 100ML (100MLT)

Amount per serving
Calories 828

	% Daily Value*
Total Fat 92g	100%
Saturated Fat 13g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Harvested early in mid-October, the arbequina has an aroma that is reminiscent of green banana with hints of green apple. The aromas follow through to the palate, recognizing the green fruits without overt bitterness. The arbequina has a soft finish, but still a bit of pepper at the end. This premium extra virgin olive oil is a perfect finish for delicate fish dishes. It works on all kind of salads and vinaigrettes and adds flavor without overpowering dressings or aioli. O-Med Arbequina Extra Virgin Olive Oil is very recommendable for baking and desserts, including olive oil ice cream.

Ingredients

Arbequina olives

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

dry

Serving Suggestions

finishing oil, dressing, dipping

Prep & Cooking Suggestions

open and pour

📄 Product Specifications

Brand	Manufacturer
O Med	PHILOSOPHY FOODS

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	PAOM100090	35216			9/500 ML

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.29lb	20.97lb	Spain	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.75in	7.75in	10.5in	0.36ft3	17x7	475days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	828	Total Fat	92g	Sodium	0mg
Protein	0	Trans Fats		Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	13g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

