Cabot

3551 - **Greek Style Yogurt**

Our Plain Greek Yogurt has countless uses as an ingredient in recipes - and it makes a healthy treat on its own. A great base for dips and sauces, and as a sour cream substitute. Available in low-fat and flavored varieties, too! Gluten-free.

Nutrition Facts

Servings per Container	**5**
Serving size	**1cup (1GS21)**
Amount per serving	
Calories	**310**
	% Daily Value*
Total Fat 22g	**33%**
Saturated Fat 14g	**70%**
Trans Fat	
Cholesterol 75mg	**25%**
Sodium 110mg	**5%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 0g	**0%**
Total Sugars 5g	
Includes 0g Added Sugar	**0%**
Protein 16g	
Vitamin D 5mcg	**25%**
Calcium 347mg	**27%**
Iron 0mg	**0%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Open a tub of Cabot Plain Greek Yogurt and discover rich and luscious decadence in every bite. How about a mouthwatering breakfast parfait loaded with fresh berries and crunchy granola? Yum. Its also an absolute whiz in the kitchen and versatile enough for all your favorite recipes. Stir it into marinades or rubs, make creamy sauces or cool dips, or spoon a dollop atop your favorite warm bowl of soup. Grab a 2 lb. tub of our farmers best today and explore all the delicious fun you can have with Cabot Greek.

Ingredients

Pasteurized milk, cream, whey protein concentrate, milk protein concentrate, live active yogurt cultures (Acidophilus, Bifidus, L. bulgaricus and S. thermophilus), Vitamins A,C,D,E.

Allergens

Contains:

milk

Free From:

crustaceans, eggs, fish, peanuts, soy, tree nuts, wheat

Handling Suggestions

34-40 F

Serving Suggestions

Our Plain Greek Yogurt has countless uses as an ingredient in recipes - and it makes a healthy treat on it's own.

Prep & Cooking Suggestions

Ready To Eat

Product Specifications

Brand	Manufacturer	Product Category
Cabot	Cabot Creamery	Yogurt

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
078354303559	355	3551	10078354303556		6/2 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.66lb	12lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.25in	8.6in	5.5in	0.36ft3	13x7	28days	35°F / 37°F

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Nutrition Analysis - By Measure

Calories	310	Total Fat	22g	Sodium	110mg
Protein	16	Trans Fats		Calcium	347mg
Total Carbohydrates•••	12g	Saturated Fat	14g	Iron	0mg
Sugars	5g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(IU)•		Vitamin D	5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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