



**Friend In Cheeses Jam Co**  
**35870 - Onion Jam**

Simple, seasonal, local jams that make pairings from cheeses to toast. Easy, sexy and fun. Tastes good on your fingers, too.  
 Made in Santa Cruz, CA 95073  
 www.FriendInCheesesJamCo.com



# Nutrition Facts

Servings per Container  
 Serving size

Amount per serving  
**Calories**

	% Daily Value*
<b>Total Fat</b>	<b>%</b>
Saturated Fat	%
Trans Fat	
<b>Cholesterol</b>	<b>%</b>
<b>Sodium</b>	<b>%</b>
<b>Total Carbohydrate</b>	<b>%</b>
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
<b>Protein</b>	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

Spices of India and apples this onion jam is sure to find a home with any meal. Sweet yet savory then again it hits the palate like 1 2 3...and the happiness of cheeses has become complete. This three day process of making a stock from the onion skins spices and apples then macerating the onions in the stock a full day before slow cooking until the full potential is reached. You will feel the process when it rolls over your tongue.

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## Ingredients

vinegar 5% a acid, cane sugar, red onion\*, pasteurized apple juice, curry, cinnamon

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

## Handling Suggestions

Perishable - Keep refrigerated  
 Use within 30 days of opening

## Serving Suggestions

Pairing Suggestions  
 Parmesan Reggiano Pate Salami  
 Grilled Cheese Sandwich Aged  
 Cheddar Add to a Bloody Mary

## Prep & Cooking Suggestions

Open and Enjoy

## 📄 Product Specifications

Brand	Manufacturer	Product Category
Friend In Cheeses Jam Co	Friend In Cheeses Jam Co.	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
794504336528	ONION-B	35870	00794504336528		1/128 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.13lb	8lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	8in	8in	0.3ft3	10x5	183days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

