



Cabot

36436 - Cottage Cheese

With loads of protein and calcium, Cabot's old-fashioned, Vermont-style cottage cheese is a healthy snack that satisfies your appetite and your taste buds! Award-winning taste. Re-sealable, for lasting freshness. Gluten-free.



Nutrition Facts

Servings per Container 20
Serving size 0.5cup (0.5GS21)

Amount per serving
Calories 110

| | % Daily Value* |
|------------------------------|----------------|
| Total Fat 4.5g | 6% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 15mg | 5% |
| Sodium 420mg | 18% |
| Total Carbohydrate 5g | 2% |
| Dietary Fiber 0g | 0% |
| Total Sugars 3g | |
| Includes 0g Added Sugar | 0% |
| Protein 11g | |
| Vitamin D 4mcg | 20% |
| Calcium 110mg | 8% |
| Iron 0mg | 0% |
| Potassium 118mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

When you're in the mood for a snack that's healthy enough to feel good about and delicious enough to savor, look no further than our farmers' award-winning Cottage Cheese. We make our protein-packed, calcium-rich cottage cheese homestyle, good and chunky, so it's extra spoonable and snack-worthy. Serve it up as an easy side dish with any meal or add it to your favorite recipes as a healthy substitute. We think it's just about perfect on its own, but if you're in the mood for some delicious fun, dress it up with some of your favorite sweet or savory flavors.

Ingredients

Cultured pasteurized skim milk, milk, cream, cultured grade A nonfat dry milk, grade A whey, salt, carrageenan, locust bean gum, guar gum, citric acid, lactic acid, phosphoric acid, natural flavoring, modified cellulose, potassium sorbate (to maintain freshness), Vitamin D3, enzymes.

⚠ Allergens

Contains:



Free From:



Handling Suggestions

34-40 F
UNIT UPC: 078800004054

Serving Suggestions

Enjoy as a snack or side dish and make a luscious addition to your favorite recipes.

Prep & Cooking Suggestions

Ready To Eat

📄 Product Specifications

| Brand | Manufacturer |
|-------|----------------|
| Cabot | Cabot Creamery |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|-------|----------------|------|------------|
| 078800004054 | 110 | 36436 | 00078354101100 | | 1/5 LB |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 31.99lb | 30lb | United States | Yes | |

| Shipping Information | | | | | | |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 12.5in | 12.5in | 8.3in | 0.75ft3 | 8x5 | 28days | 35°F / 37°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 110 | Total Fat | 4.5g | Sodium | 420mg |
| Protein | 11 | Trans Fats | 0g | Calcium | 110mg |
| Total Carbohydrates... | 5g | Saturated Fat | 2.5g | Iron | 0mg |
| Sugars | 3g | Added Sugars | 0g | Potassium | 118mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 15mg | | |
| Vitamin A(U) | | Vitamin D | 4mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

