

#### Cabot

## 36436 - Cottage Cheese



110

With loads of protein and calcium, Cabot's old-fashioned, Vermont-style cottage cheese is a healthy snack that satisfies your appetite and your taste buds! Awardwinning taste. Re-sealable, for lasting freshness. Gluten-free.



## \* Benefits

When youre in the mood for a snack thats healthy enough to feel good about and delicious enough to savor, look no further than our farmers award-winning Cottage Cheese. We make our protein-packed, calcium rich cottage cheese homestyle, good and chunky, so its extra spoonable and snack worthy. Serve it up as an easy side dish with any meal or add it to your favorite recipes as a healthy substitute. We think its just about perfect on its own, but if youre in the mood for some delicious fun, dress it up with some of your favorite sweet or savory flavors.

## Ingredients

Cultured pasteurized skim milk, milk, cream, cultured grade A nonfat dry milk, grade A whey, salt, carrageenan, locust bean gum, guar gum, citric acid, lactic acid, phosphoric acid, natural flavoring, modified cellulose, potassium sorbate (to maintain freshness), Vitamin D3, enzymes.

A Allergens

#### **Contains:**



#### Free From:





# (%) sesame (%) soy ((1)) tree nuts (\$) wheat

# **Nutrition Facts**

Servings per Container 20 0.5cup (0.5GS21) Serving size

# Amount per serving

# **Calories**

	ily Value*
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 420mg	18%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 11g	
	200/
Vitamin D 4mcg	20%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 118mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

34-40 F

UNIT UPC: 078800004054

## Serving Suggestions

Enjoy as a snack or side dish and make a luscious addition to your favorite recipes.

## Prep & Cooking Suggestions

Ready To Eat

### **Product Specifications**

Brand	Manufacturer
Cabot	Cabot Creamery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
078800004054	110	36436	00078354101100		1/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.99lb	30lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.5in	12.5in	8.3in	0.75ft3	8x5	28days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	110	Total Fat	4.5g	Sodium	420mg
Protein	11	Trans Fats	0g	Calcium	110mg
Total Carbohydrates•••	5g	Saturated Fat	2.5g	Iron	0mg
Sugars	3g	Added Sugars	0g	Potassium	118mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•		Vitamin D	4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

<ul><li>Additional Images</li></ul>		

