



Goya

37495 - Large Yellow Empanada Disc

Prepare The Best Empanadas At Home With Convenient Goya Discos Dough For Turnover Pastries With Annatto. You No Longer Have To Worry About The Dough, Because These Wheat Flour Discs Come Ready To Fill With Your Favorite Ingredients.



Nutrition Facts

Servings per Container 10
Serving size 1.0EA (1EA)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 2.5g	13%
Trans Fat	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 9mg	1%
Iron 2mg	11%
Potassium 49mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Wheat flour bleached, bromated enriched

⚠ Allergens

Contains:



wheat

Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

Handling Suggestions

keep frozen

📄 Product Specifications

Brand	Manufacturer	Product Category
Goya	Dot Foods Frozen	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
041331091633	511097	37495	10041331091630		24/20 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
32.37lb	30lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.47in	13.35in	7.89in	0.82ft3	9x5	45days	-2°F / -5°F

Serving Suggestions

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Prep & Cooking Suggestions

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Nutrition Analysis - By Measure

Calories	180	Total Fat	5g	Sodium	190mg
Protein	5	Trans Fats		Calcium	9mg
Total Carbohydrates...	28g	Saturated Fat	2.5g	Iron	2mg
Sugars	0g	Added Sugars	0g	Potassium	49mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

