



B & G
376112 - Cream Of Wheat

Cream of Wheat Original Enriched Farina is made with ground wheat, has a smooth texture, and is an excellent source of iron and calcium. The traditional cook-on-stove product is prepared by boiling water or milk and slowly pouring in the ground wheat while stirring.



*** Benefits**

Cream of Wheat Original Enriched Farina is made with ground wheat, has a smooth texture, and is an excellent source of iron and calcium. The traditional cook-on-stove product is prepared by boiling water or milk and slowly pouring in the ground wheat while stirring. Let it simmer while stirring for 1 minute after the ground wheat is blended. This product may also be cooked using a microwave oven for faster and easier preparation.

Ingredients

Wheat Farina, Wheat Germ, Papain (enzyme), Vitamins and Minerals: Calcium Carbonate, Ferric Phosphate (source of iron), Niacinamide, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container	24
Serving size	28.0g (28g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 24g	8%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 0g Added Sugar	%
Protein 4g	
Vitamin D 0.2mcg	0%
Calcium 0mg	50%
Iron 0mg	50%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

DRY STORAGE

Serving Suggestions

COOK ON STOVE TOP OR MICROWAVE

Prep & Cooking Suggestions

COOK ON STOVE TOP OR MICROWAVE

✏ Product Specifications

Brand			Manufacturer			
B & G			Dot Foods			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
	376112	376112	10019320013789		12/28 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
23.5lb		21lb	United States	Yes		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	8in	11in	0.61ft3	20x10	474days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats		Calcium	0mg
Total Carbohydrates...	24g	Saturated Fat	0g	Iron	0mg
Sugars	16g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

