



Love Struck

382291 - Avo Go Go Smoothie

Velvety smooth avocado meets broccoli, spinach, mango, coconut, lime and ginger for an oh so good taste sensation! Popular with customers across the world this is a top selling smoothie.



Nutrition Facts

Servings per Container 1
Serving size 140.0g (140g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	11%
Total Sugars 7g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 450mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Mango, Spinach, Avocado, Broccoli, Coconut milk pellets, Lime juice pellets, Ginger

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Frozen UNIT UPC: 5060280584442

Serving Suggestions

Pre-prepped frozen smoothie sachets. Makes a perfect smoothie with minimum waste and time. Simply blend one of our 4.9oz frozen fruit or vegetable sachets with 7 fl oz of apple juice to make the perfect smoothie in 30 seconds. Perfect every time. Just 3 steps!

Prep & Cooking Suggestions

Add 7 fl oz of apple juice to a blender. Add a 4.9oz sachet. Blend for 30 seconds. Serve in 12oz cup

Product Specifications

Brand	Manufacturer
Love Struck	Love Struck Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5060280584442	9180	382291	00850059625156		30/140 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.7lb	9.26lb	Poland	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.59in	9.44in	5.9in	0.41ft3	14x13	540days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	6g	Sodium	15mg
Protein	3	Trans Fats	0g	Calcium	60mg
Total Carbohydrates...	10g	Saturated Fat	3.5g	Iron	1mg
Sugars	7g	Added Sugars	0g	Potassium	450mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

