



Gourmet Boutique  
384731 - Corn Souffle

ALL-NATURAL CORN SOUFFL  
All-Natural sweet and buttery carrot souffl made with real corn and baked to perfection  
Bookend your meals and use as an appetizer or dessert



\* Benefits

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Ingredients

Corn, Sugar, Egg Whites, Eggs, Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Canola Oil, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Modified Tapioca Food Starch, Lemon Juice From Concentrate (Water, Concentrated Lemon Juice, Sodium Benzoate, Sodium Metabisulfite, Sodium Sulfite [Preservatives], Lemon Oil), Water, Canola Oil, Soy Lethicin, Sorbic Acid, Potassium Sorbate (Preservatives), Beta Carotene (For Color).

⚠ Allergens

Contains:

eggs soy wheat

Free From:

crustaceans fish milk peanuts  
tree nuts

Nutrition Facts

Servings per Container 21  
Serving size 3.00Z (3oz)

Amount per serving  
Calories 190

% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 55mg	18%
Sodium 210mg	9%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars 16g	
Includes 1g Added Sugar	2%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 1mg	6%
Potassium 158mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Frozen

Serving Suggestions

Excellent with your holiday meals

Prep & Cooking Suggestions

MICROWAVE OVEN: 1 to 1-1/2 minutes or until hot  
(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)  
OVEN: Preheat oven to 350F and reheat for 15 to 20 minutes  
(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

Product Specifications

Brand	Manufacturer	Product Category
Gourmet Boutique	Gourmet Boutique	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	730	384731	00706129007301		2/4 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.75lb	8lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.75in	11in	4.25in	0.34ft3	12x12	60days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	190	Total Fat	7g	Sodium	210mg
Protein	5	Trans Fats		Calcium	100mg
Total Carbohydrates...	30g	Saturated Fat	1g	Iron	1mg
Sugars	16g	Added Sugars	1g	Potassium	158mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

