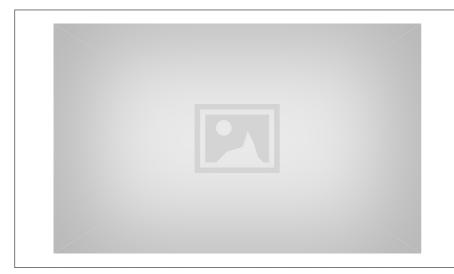


Lantana

384891 - Medium Heat Avocado Hummus



Lantana Avocado is a creamy hummus with Avocado blended into the base and topped with jalapeno peppers. Low in saturated fatty acids, free of trans fatty acids, low in cholesterol.



* Benefits

Lantana hummus is known as the "other bean" hummus with sexy striped colorful lids, which makes the consumer's job very easy to identify while shopping. Lantana Avocado is a creamy hummus with Avocado blended into the base and topped with jalapeno peppers.

Ingredients	Allergens
Garbanzo beans, water, avocado, canola oil, tahini (ground sesame), concentrated lemon juice, jalapenos, onion, sea salt, vinegar, garlic.	Contains: soy Free From: crustaceans eggs fish peanuts tree nuts wheat

Nutrition Facts

Servings per Container 9.5 30.0g (30g) Serving size

Amount per serving

Calories	80
% Da	aily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugar	%
Protein 2g	_
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 73mg	2%

a serving of food contributes to a daily diet. 2,000 calories

Manufacturer

a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated. Best consumed within 7 days after opening

Serving Suggestions

Great as a snack, appetizer, or for using in your favorite recipes!

Prep & Cooking Suggestions

Serve and enjoy!

Product Specifications

Brand

Lantana			Hummus Gourmet				
UPC	MFG #	MFG # SPC # GTIN		Pack	Pack Desc.		
896863001045	AV10LAN8HT	384891	10896863001042		8/10 07		

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6lb	5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.63in	11.63in	3.63in	0.28ft3	12x17	45days	35°F / 37°F





Lantana

384891 - Medium Heat Avocado Hummus



Lantana Avocado is a creamy hummus with Avocado blended into the base and topped with jalapeno peppers. Low in saturated fatty acids, free of trans fatty acids, low in cholesterol.

Nutrition Analysis - By Measure

Calories	80	Total Fat	6g	Sodium	95mg
Protein	2	Trans Fats		Calcium	12mg
Total Carbohydrates	5g	Saturated Fat	0.5g	Iron	1mg
Sugars	1g	Added Sugars	0g	Potassium	73mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images				

