



Nassari - Jose Andres Selection  
385031 - Marinated Anchovies

ANCHOA NASSARI SELECTA ORIGEN MAR CANTABRICO/MEDITERRANEO, TRABAJADA DE MANERA TRADICIONAL Y MANUALMENTE, MATERIA PRIMA CON LA MAYOR VALORACION ACTUAL ( ENGRAULIS ENCRASICOLUS).AGRADABLE SABOR QUE CONVINA PERFECTAMENTE EN ENSALADAS, QUESOS, CON TORRADAS, ACOMPAANDO UN BUEN VINO



Benefits

Nassari: Five generations working from the sea, the sea is not only our passion, it is also our life. OUR FISH MATERIAL ENGRAULIS ENCRASICOLUS, THERE ARE MANY DIFFERENT SPECIES OF ENGRAULIS BUT THE MOST POPULAR IN THE WORLD FOR ITS COMERCIAL VALUE AND ITS ORGANOLEPTIC CHARACTERISTICS IS THE ENGRAULIS ENCRASICOLUS. THE FISHING AREAS OF THE ENGRAULIS ENCRASICOLUS IS PRINCIPALLY DONE IN THE NORTH EAST ATLANTIC OCEAN AND THE MEDITERRANEAN SEA. THE FISHING METHOD IS WITH CONSERVING WITH THE MOST RESPECTFUL WAY FOR THE OTHER ANIMALS. WE ALWAYS USE THE SAME PRIME MATERIAL TO MAKE OUR SALTED ANCHOVIES AND MARINATED ANCHOVIES. HIGH ALIMENTARY AND NUTRITIONAL VALUED PRODUCT. SOURCE OF PROTEINS AND VITAMINE A, D, B1, B2, B3, B12. FOOD RICH IN MINERALS, IRON, PHOSPHORUS, POTASSIUM, MAGNESIUM AND IODINE. FOOD RICH IN OMEGA3 WHICH HELPS TO REDUCE LEVELS OF CHOLESTEROL AND TRIGLYCERIDES IN BLOOD. FORMING PART OF ONE OF THE MOST HEALTHY DIETS. OUR PRODUCT IS CONSIDERED AN ESSENTIAL PART OF THE MEDITERRANEAN DIET. ELABORATION THE PROCESS. WE DON'T USE ANY CONSERVATIVES AND ADDITIVES. Once we receive the fresh fish, we gutted piece by piece and we clean each fish with water. After this process, we put to macerate with vinegar and salt during minimum 72 hours. Then we make fillets and we pack in trays. Finally we add oil with different flavours automatically.

Ingredients

Marinated anchovy fillets (Engraulis encrasicolus) (fish) (77%), extra virgin olive oil (20%), salt (2%) and wine vinegar (1%)

Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 5  
Serving size 15.0g (15g)

Amount per serving  
Calories 20

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0.17g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 1mcg	0%
Calcium 10mg	0%
Iron 1mg	0%
Potassium 12mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Once open keep refrigerated covered in oil and consume within 48 hours

Serving Suggestions

Ready to eat

Prep & Cooking Suggestions

Doesn't apply

Product Specifications

Brand	Manufacturer
Nassari - Jose Andres Selection	Catalan Gourmet

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	BBO-80 JA	385031	18414982000504		12/80 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
1.53lb	1.32lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
5.98in	4.4in	7.24in	0.11ft3	50x5	144days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	20	Total Fat	0.5g	Sodium	135mg
Protein	4	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	0g	Saturated Fat	0.17g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	12mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

