

### Nata Pura 390055 - **Pastel De Nata Original 4 Count**

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



	Nutrition FactsServings per Container4Serving size1.0PC (1H87)				
		Amount per serving Calories	187		
		% Daily Value*			
		Total Fat 10g	13%		
		Saturated Fat 5.5g	28%		
	Trans Fat 0g				
		Cholesterol 70mg	23%		
<b>★</b> Benefits		Sodium 120mg	5%		
		Total Carbohydrate 20g	7%		
Invented by monks more than 300 the Portuguese pastry icon. All ou	Dietary Fiber 1g	2%			
and innovation, respecting the ori	Total Sugars 11g				
Our nata is the most international	Includes 10g Added Sugar	%			
Ingredients	Allergens	Protein 3g			
		Vitamin D 0mcg	0%		
Filling:MILK, sugar, EGG yolk, WHEAT	Contains:	Calcium 330mg	25%		
flour (GLUTEN) and corn starch. Dough: WHEAT flour (GLUTEN),	🕜 eggs 👔 milk 🏽 🛞 wheat	Iron 5mg	35%		
margarine [(vegetable oils	Free From:	Potassium 1070mg	15%		
(sunflower) and vegetable fats (palm, coconut), water, emulsifier (mono and diglycerides of fatty acids E471, sunflower lecithin E322), acidifier (citric acid E330), colour	Soy (III) tree nuts	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

### Handling Suggestions

(carotenes E160ai)], water and salt.

It is a pre-baked product and should be kept at a frozen temperature (at -4F) during storage and transportation until, preparation of it begins. UNIT UPC: 5600699792313

### Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It can also be served as a morning or afternoon snack or even as a dessert.

## Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

# Product Specifications

Brand				Manufacturer						
Nata Pura				BY FOODS						
UF	РС	MFG	i #	SP	C #	GT	ĪN		Pack	Pack Desc.
5600699	792313	RPecMC	0R240	390	055	1560069	9792	2303		14/240 GR
Gross V	Veight	Net Weight Coun		ntry of	y of Origin Kosher		osher	Child Nutrition		
8.6	lb	7.4lb			Portugal			No		
Shipping Information										
Length	Width	Height	Volu	me	TIxHI	Shelf L	ife	Storage Temp From/Te		
12.4in	6.4in	9.5in	0.44 <sup>-</sup>	ft3	21x7	310da	0days -5°F / -2°F		′ -2°F	





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Nutrition Analysis - By Measure

Calories	187	Total Fat	10g	Sodium	120mg
Protein	3	Trans Fats	Og	Calcium	330mg
Total Carbohydrates…	20g	Saturated Fat	5.5g	Iron	5mg
Sugars	11g	Added Sugars	10g	Potassium	1070mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	70mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



