



Nata Pura
391095 - Pastel De Nata Original 12 Count

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



Nutrition Facts

Servings per Container 12
Serving size 1.0PC (1H87)

Amount per serving
Calories 187

		% Daily Value*
Total Fat	10g	13%
Saturated Fat	5.5g	28%
Trans Fat	0g	
Cholesterol	70mg	23%
Sodium	120mg	5%
Total Carbohydrate	20g	7%
Dietary Fiber	1g	2%
Total Sugars	11g	
Includes 10g Added Sugar		%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	330mg	25%
Iron	5.9mg	35%
Potassium	1070mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Invented by monks more than 300 years ago, the pastel de natal is the Portuguese pastry icon. All our nata brands combines tradition and innovation, respecting the original recipe and beginnings. Our nata is the most international awarded nata in the world.

Ingredients

Filling: MILK, sugar, EGG yolk, WHEAT flour (GLUTEN) and corn starch.
Dough: WHEAT flour (GLUTEN), margarine [(vegetable oils (SOYA, sunflower) vegetable fats (palm, coconut), water, salt, emulsifier (mono and diglycerides of fatty acids E471, sunflower lecithin E322), dextrose, acidity regulator (citric acid E330), colour (carotenes E160aiii), natural flavour], water and salt.

Allergens

Contains:

eggs milk soy wheat

Free From:

crustaceans fish peanuts sesame
tree nuts

Handling Suggestions

It is a pre-baked product and should be kept at a frozen temperature (at -4F) during storage and transportation until preparation of it begins. UNIT UPC: 5600241424402

Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It can also be served as a morning or afternoon snack or even as a dessert.

Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

Product Specifications

Brand	Manufacturer
Nata Pura	BY FOODS

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5600241424402	RPecMOR720	391095	15600241424027		12/720 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.51lb	19.05lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.4in	12.4in	7.6in	1ft3	7x9	310days	-5°F / -2°F



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Nutrition Analysis - By Measure

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Total Carbohydrates...	20g	Saturated Fat	5.5g	Iron	5.9mg
Sugars	11g	Added Sugars	10g	Potassium	1070mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	70mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

