



Laughing Cow

394331 - Light Cheese Spreadable 8 Wedges

Sit and savor The Laughing Cow Creamy Light spreadable cheese as you enjoy the unlimited pairing possibilities. Every perfectly portioned wedge is made with real cheese, provides 2g of Complete Protein and is a good source of Calcium, Vitamins A & D.



Nutrition Facts

Servings per Container 8
Serving size 21.0g (21g)

Amount per serving
Calories 30

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

The creaminess of The Laughing Cow cheese will transform snack time and keep your palate surprised. Sit and savor The Laughing Cow Creamy Light spreadable cheese as you enjoy the unlimited pairing possibilities. Every perfectly portioned wedge is made with real cheese, provides 2g of Complete Protein and is a good source of Calcium, Vitamins A & D. You can spread the light and tasty cheese on celery or add it to a turkey wrap. It's also delicious on a whole wheat English muffin. Swap out your string cheese, cottage cheese and cheese cube snacks for The Laughing Cow. Your palate will always be surprised and delighted with these delicious cheese snacks.

Ingredients

Ingredients: Cheddar, Semisoft, and Swiss Cheese (Pasteurized Milk And Part-Skim Milk, Cultures, Salt, Enzymes), Whey, Milk Protein Concentrate, Water, Skim Milk, Sodium Polyphosphate, Less than 2% of Each: Tricalcium Phosphate, Salt, Citric Acid, Vitamins (Cholecalciferol [Vitamin D] and Vitamin A Acetate). Contains: Milk.

Allergens

Contains:



Free From:



Handling Suggestions

refrigerate

Serving Suggestions

serve with fruit and crackers

Prep & Cooking Suggestions

open and serve

Product Specifications

Brand	Manufacturer	Product Category
Laughing Cow	Bel Brands USA Inc.	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
041757025397	459451	394331	20041757025407		12/5.4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.94lb	4.07lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.06in	9.37in	2.4in	0.18ft3	13x21	100days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	30	Total Fat	1.5g	Sodium	180mg
Protein	2	Trans Fats		Calcium	0mg
Total Carbohydrates...	1g	Saturated Fat	1g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

