



Manini's

400340 - Spaghetti Gluten Free

Manini's Delicious and Tasty Fresh Spaghetti. 100% Gluten Free. Made in a SQF-certified facility in Kent, WA with Ancient Grain flour - amaranth, sorghum, teff, millet.



Nutrition Facts

Servings per Container 9
Serving size 3.00Z (3oz)

Amount per serving
Calories 220

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 130mg	43%
Sodium 6mg	0%
Total Carbohydrate 41g	15%
Dietary Fiber 6g	21%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 7g	
Vitamin D 0.7mcg	4%
Calcium 60mg	5%
Iron 2.2mg	12%
Potassium 240mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Spaghetti, Gluten Free. Made with whole Ancient Grain flour.

Ingredients

Gluten Free Flour (millet flour, tapioca flour, teff flour, sorghum flour, amaranth flour), egg yolk, water, tapioca starch, arrowroot starch, citrus fiber, cream of tartar, sodium bicarbonate, eggs, extra virgin olive oil, potato starch, cultured and regular cane sugar, xanthan gum, table salt and sea salt. Contains: Egg

Allergens

Contains:



Free From:



Handling Suggestions

use right away or store in refrigerator

Serving Suggestions

boil then toss with oil or sauce and added protein or vegetable of choice

Prep & Cooking Suggestions

boil for 3 minutes

Product Specifications

Brand	Manufacturer	Product Category
Manini's	Maninis Inc LLC	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
853254003408	#009 FSPA	400340	10853254003405		12/9 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.7lb	7.7lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15in	13in	7in	0.79ft3	9x11	117days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	220	Total Fat	5g	Sodium	6mg
Protein	7	Trans Fats		Calcium	60mg
Total Carbohydrates...	41g	Saturated Fat	1g	Iron	2.2mg
Sugars	2g	Added Sugars	0g	Potassium	240mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	130mg		
Vitamin A(U)		Vitamin D	0.7mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

