



Arroyabe

400763 - Bonito Tuna In Olive Oil

High quality white meat tuna, pole-caught off the Northern Coast of Spain that is prized for its exceptional flavor and texture. Hand packed in olive oil and sea salt.



* Benefits

Prized for its exceptional flavor and texture, white bonito tuna is pole-caught off the northern coast of Spain. Hand-packed in olive oil and salt, it's delicious on sandwiches, salads or pasta.

Ingredients

White Tuna (Thunnus alalunga) fish, olive oil, salt.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container **3**
Serving size **2.04OZ**

Amount per serving
Calories 103

% Daily Value*

Total Fat 4g	7%
Saturated Fat 0.5g	3%
Trans Fat	
Cholesterol 18mg	6%
Sodium 230mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 193mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate after opening.

📄 Product Specifications

Brand	Manufacturer	Product Category
Arroyabe	Power Selles Imports	

Serving Suggestions

Open and eat or add to any preparation.

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
832924000763	AB102	400763	10832924000760		12/9.2 OZ

Prep & Cooking Suggestions

Open and eat or add to any preparation.

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.75lb	6.9lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.28in	3.43in	8.23in	0.2ft3	10x12	585days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	103	Total Fat	4g	Sodium	230mg
Protein	16	Trans Fats		Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0.5g	Iron	0.4mg
Sugars	0g	Added Sugars	0g	Potassium	193mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	18mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

