



Innovasian

402001 - General Tso's Chicken Breast

InnovAsian General Tso's Chicken is fully Cooked, Frozen, RTE Tempura Chicken White Meat with General Tso's Asian BBQ Sauce, dried Red Chli Peppers and Sesame Seeds. Zero trans fat per serving. No artificial MSG Added.



* Benefits

InnovAsian General Tso's Chicken is fully cooked, frozen, RTE Tempura Chicken White Meat with General Tso's Asian BBQ Sauce, dried Red Chli Peppers and Sesame Seeds. Rich in protein and free from trans fat, it is a appetizer or meal. We carefully select quality ingredients for our premium line of fully cooked and flash frozen signature entres, rice, noodles, sauces and appetizers. With the most extensive line of Asian menu options in the industry, you can turn your store and deli into a destination for Asian cuisine. Fully-cooked protein allows for ease of preparation and consistency. Our chef-crafted sauces offer a variety of Asian flavors from bold to tangy and sweet to spicy there is something for every occasion.

Nutrition Facts

Servings per Container 0
Serving size 170.0CP (170GS21)

Amount per serving
Calories 390

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
<i>Trans Fat</i>	
Cholesterol 35mg	12%
Sodium 890mg	39%
Total Carbohydrate 62g	23%
Dietary Fiber 1g	4%
Total Sugars 38g	
Includes 37g Added Sugar	74%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

TEMPURA CHICKEN BREAST: CHICKEN BREAST MEAT, WATER, CORNSTARCH, BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF DEXTRIN, EGG WHITES, EGG YOLKS, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED POTATO STARCH, NONFAT DRY MILK, RICE FLOUR, SALT, SODIUM PHOSPHATE, XANTHAN GUM. COOKED IN VEGETABLE OIL. SAUCE: SUGAR, WATER, MIRIN SALTED COOKING WINE (WATER, DEXTROSE, RICE, CORN SYRUP, SALT) SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT) CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SALT, SPICES, SESAME SEEDS, MINCED GARLIC (GARLIC JUICE, DEHYDRATED GARLIC, SALT), GAUJILLO PEPPER PUREE (GAUJILLO PEPPER, WATER, SALT), GARLIC PUREE (GARLIC, VINEGAR), CORN SYRUP SOLIDS, LACTIC ACID, CARAMEL COLOR, XANTHAN GUM, SODIUM BENZOATE (PRESERVATIVE), DISODIUM INOSINATE AND DISODIUM GUANYLATE, YEAST EXTRACT, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, NATURAL FLAVORS, CHICKEN FAT, ONION POWDER, TURMERIC EXTRACTIVES (COLOR), GARNISH: SESAME SEEDS, DRIED CHILI PEPPERS. CONTAINS: EGG, MILK, SESAME, SOY, WHEAT.

⚠ Allergens

Contains:

🥚 eggs 🥛 milk 🌱 soy 🌾 wheat

Free From:

🦀 crustaceans 🐟 fish 🥜 peanuts

🌳 tree nuts

Handling Suggestions

Must be kept refrigerated or frozen. Do not refreeze.

Serving Suggestions

Perfect for creating authentic Asian meals. Can be paired as an entre with a side, serve over a bed of rice, or as an appetizer.

Prep & Cooking Suggestions

HOT CASE PROGRAM: PROTEIN: DEEP FRY: Deep fry protein at 350F for 3-4 minutes. SAUCE: MICROWAVE: From frozen, heat sauce pouch on HIGH in microwave for 2 minutes. Remove bag and knead to loosen. Heat on HIGH in 1 minute increments for an additional 3-5 minutes and knead between heating cycles. Mix protein and sauce together and hold in steam table at > 140F.

📄 Product Specifications

Brand	Manufacturer	Product Category
Innovasian	Innovasian Cuisine	Prepared Entrees

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	40200	402001	10695119402004		4/4 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.5lb	16lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.13in	10.38in	6.88in	0.67ft3	10x10	90days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	390	Total Fat	10g	Sodium	890mg
Protein	13	Trans Fats		Calcium	30mg
Total Carbohydrates...	62g	Saturated Fat	1.5g	Iron	1mg
Sugars	38g	Added Sugars	37g	Potassium	300mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

