



White Toque

# 40204 - Artichoke Bottoms Frozen

White Toque Brand artichokes are preserved by individually quick freezing to retain texture and flavor of the fresh produce. Our Artichokes are grown in Egypt.



## \* Benefits

White Toque brand artichokes are preserved by individually quick freezing to retain texture and flavor of the fresh produce. Our Artichokes are grown in Egypt. Their delicate taste and tender bottoms will delight the gourmet eater. Artichokes Bottoms can be filled with tuna salad, ratatouille or any other savory filling. Unlike canned and marinated artichoke products our quick blanched product allows the Chef to be creative with use and flavor profile much like a fresh artichoke. Ingredients: Artichokes, citric acid (to preserve color)

## Nutrition Facts

Servings per Container 12  
Serving size 85.0g (85g)

Amount per serving  
**Calories 35**

% Daily Value\*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	45mg	2%
Total Carbohydrate	6g	2%
Dietary Fiber	3g	11%
Total Sugars	0g	
Includes Added Sugar	0g	0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	25mg	2%
Iron	0mg	0%
Potassium	211mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

artichoke, citric acid

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

## Handling Suggestions

Store in freezer below 0F (-18C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 24 months.

## Serving Suggestions

Artichokes Bottoms can be filled with tuna salad, ratatouille or any other savory filling.

## Prep & Cooking Suggestions

Place frozen artichokes with 2 tablespoons of water per serving in a microwave-safe dish covered with clear plastic wrap. Heat for 6 to 8 minutes. Stove Top From the frozen stage, blanch in salted water for 15 to 20 minutes. Refresh in ice-water and drain. season to taste.

## 📄 Product Specifications

Brand	Manufacturer	Product Category
White Toque	White Toque Frozen	Artichokes

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	40204	40204	00825414402048		10/2.2 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24lb	22lb	Egypt	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
8.35in	12.28in	15.43in	0.92ft3	10x8	468days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	35	Total Fat	0g	Sodium	45mg
Protein	2	Trans Fats		Calcium	25mg
Total Carbohydrates...	6g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	211mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

