



Murciana

# 402634 - Fig Cake With Almonds Gluten Free V

Natural fig cake with almonds



## Nutrition Facts

Servings per Container 100  
Serving size 100.0g (100g)

Amount per serving  
**Calories 316**

	% Daily Value*
<b>Total Fat</b> 8g	<b>300%</b>
Saturated Fat 0g	0%
Trans Fat	
<b>Cholesterol</b> 1mg	<b>0%</b>
<b>Sodium</b> 0.4mg	<b>0%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars 38g	
Includes 38g Added Sugar	<b>76%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	<b>0%</b>
Calcium 241.6mg	<b>19%</b>
Iron 2.2mg	<b>12%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

A traditional Spanish cake produced with dried figs and almonds from the same country. Figs are a great source of fibre and they are full of vitamins and minerals. This mixed with almonds make our product, the perfect natural snack and the perfect accompaniment for cheeses.

### Ingredients

Dried Figs (Origin: Spain) 89%,  
ALMONDS 10%, Cinnamon  
<1%, Grain Anise <1%.

### ⚠ Allergens

#### Contains:

tree nuts

#### Free From:

crustaceans eggs fish milk  
peanuts soy wheat

### Handling Suggestions

See label for suggestions

### Serving Suggestions

See label for suggestions

### Prep & Cooking Suggestions

See label for suggestions

### Product Specifications

Brand	Manufacturer	Product Category
Murciana	Jose Pelluz Bernal	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
810596014295	2001025001	402634	18105960142957		2/5.5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	5.71lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.8in	11.8in	2.5in	0.27ft3	8x18	330days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	316	Total Fat	8g	Sodium	0.4mg
Protein	8	Trans Fats		Calcium	241.6mg
Total Carbohydrates...	44g	Saturated Fat	0g	Iron	2.2mg
Sugars	38g	Added Sugars	38g	Potassium	0mg
Dietary Fiber	16g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	1mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

