# 402635 - Fig Cake With Walnuts Gluten Free V

Natural fig cake with walnuts





#### \* Benefits

A traditional Soanish cake produced with dried figs and almonds from the same country. Figs are a great source of fibre and they are full of vitamins and minerals. This mixed with almonds make our product, the perfect natural snack and the perfect accompainment for cheeses.

Ingredients	<b>A</b> Allergens
Dried Figs (Origin: Spain) 89%, WALNUTS 10%, Cinnamon <1%, Grain Anise <1%	Contains:  tree nuts  Free From:  crustaceans eggs fish milk peanuts soy soy wheat

# **Nutrition Facts**

Servings per Container Serving size 100.0g (100g)

**Amount per serving** Calories

**312** 

Calones	312
% D	aily Value*
Total Fat 4g	300%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 1mg	0%
Sodium 0.04mg	0%
Total Carbohydrate 44g	16%
Dietary Fiber 15g	54%
Total Sugars 53g	
Includes 53g Added Sugar	106%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 153.5mg	12%
Iron 2.2mg	12%
Potassium 0mg	0%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

# **Handling Suggestions**

See label for suggestions

### Serving Suggestions

See label for suggestions

#### Prep & Cooking Suggestions

See label for suggestions



### Product Specifications

Brand	Manufacturer	Product Category
Murciana	Jose Pelluz Bernal	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
810596014318	2001025000	402635	18105960143183		2/5.5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	5.71lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.75in	11.81in	2.56in	0.28ft3	8x18	456days	35°F / 37°F





#### Murciana

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# Nutrition Analysis - By Measure

Calories	312	Total Fat	4g	Sodium	0.04mg
Protein	4	Trans Fats		Calcium	153.5mg
Total Carbohydrates	44g	Saturated Fat	1g	Iron	2.2mg
Sugars	53g	Added Sugars	53g	Potassium	0mg
Dietary Fiber	15g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	1mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium	_	Sulphites		Nitrates	

0	Additional Images					

