

#### Roland

#### 405120 - Artichoke Hearts Quartered



Artichokes, the immature flower buds of a plant in the sunflower family, have a delicious mild and nutty flavor. Roland Quartered Artichoke Hearts have a firm yet tender texture.



#### \* Benefits

Artichokes, the immature flower buds of a plant in the sunflower family, have a delicious mild and nutty flavor. Roland Quartered Artichoke Hearts have a firm yet tender texture. Try them in dips and blended in hummus, or chopped and tossed with hot or cold pasta. Pairs well with crisp white summer wines. Antipasto: add as an attractive and delicious component to any antipasto plate.

Ingredients	Allergens
ARTICHOKE HEARTS, WATER, SALT, CITRIC ACID AND/OR ASCORBIC ACID.	Free From:  Specifical control of the control of th

## **Nutrition Facts**

Servings per Container 12 Serving size 0.5CP (0.5GS21)

# Amount per serving Calories

80

Jaiorios	00
% Da	aily Value*
Total Fat 0g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 15g	5%
Dietary Fiber 7g	26%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 4g	_
Vitamin D 0mcg	0%
Calcium 27mg	2%
Iron 0.8mg	4%
Potassium 372mg	8%
	•

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

#### Handling Suggestions

After opening, transfer product to an airtight container and store in the refrigerator

#### Serving Suggestions

. Try them in dips and blended in hummus, or chopped and tossed with hot or cold pasta. Antipasto: add as an attractive and delicious component to any antipasto plate.

#### Prep & Cooking Suggestions

Open, drain, and use as an ingredient or featured item.

#### **Product Specifications**

Brand			Manufacturer			
	Roland	nd American Roland Food Corp				
UPC	MFG #	SPC#	GTIN	Pack	Pack Desc.	
	40512	405120	10041224405124		6/5.51 LB	
Cross Weight Not Weight Country of Origin Veches Child Nutrition						

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
37lb	33.06lb	Peru Spain	Yes	

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
18.75in	12.5in	6.25in	0.85ft3	7x8	180days	60°F / 77°F	





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#### Nutrition Analysis - By Measure

Calories	80	Total Fat	0g	Sodium	380mg
Protein	4	Trans Fats	0g	Calcium	27mg
Total Carbohydrates	15g	Saturated Fat	0g	Iron	0.8mg
Sugars	1g	Added Sugars	0g	Potassium	372mg
Dietary Fiber	7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



#### Additional Images



