

### Matiz 405201 - Wild Sardines With Olive Oil

Wild-caught in the waters of the Eastern Atlantic and hand packed in Galicia in northern Spain, Matiz Sardines are considered one of the finest sardines available. They are prepared in traditional Spanish style with Spanish olive oil and sea salt.



#### Handling Suggestions

Refrigerate after opening.

Serving Suggestions

Enjoy fresh from the tin, or tossed with veggies, pasta, and a touch of lemon.

# Prep & Cooking Suggestions

Use as is or add to your favorite preparation.

# Product Specifications

Brand		Manufacturer					Product Category				
Matiz		Power Selles Imports									
UPC		MFG # SP		SPC #		GTIN		P	ack	Pack Desc.	
832924005201		MZG11	405201		1083	32924005208		8		12/4.2 OZ	
Gross Weight		Net Weight		Cou	Country of Origin		Ко	sher	Ch	ild Nutrition	
4.61lb		3.15lb		Spain				No			
Shipping Information											
Length	Width	Height	Volu	ume	TIxHI	Shelf	Life	Stora	Storage Temp From/To		
14.76in	4.53in	2.76in	0.1	1ft3	20x14	4 426days			60°F / 77°F		





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Nutrition Analysis - By Measure

Calories	200	Total Fat	14g	Sodium	340mg
Protein	18	Trans Fats		Calcium	260mg
Total Carbohydrates…	Og	Saturated Fat	3g	Iron	2mg
Sugars	Og	Added Sugars	Og	Potassium	310mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D	4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images

