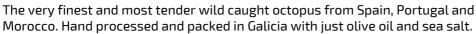


Matiz

405218 - Octopus In Olive Oil







* Benefits

Exceptionally tender and flavorful, Matiz Octopus comes from the Atlantic waters off the shores of Spain, Portugal and Morocco, areas renowned for rich marine life. Wild-caught in traditional octopus pots, this delicious octopus is hand packed in Galicia, Spain, using Spanish olive oil with a touch of sea salt. Enjoy fresh from the tin, or lightly sauteed with hot Spanish paprika (pimentn), olive oil and lemon.

Ingredients	▲ Allergens
Octopus, olive oil, sea salt.	Contains: fish Free From: crustaceans eggs milk peanuts sesame soy if tree nuts wheat

Nutrition Facts

Servings per Container 1 Serving size 2.30Z

Amount per serving

130

Calories	130
% Dai	ly Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 340mg	15%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 15g	_
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1 mg	6%
Potassium 60mg	2%
* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2	a nutrient in

a day is used for general nutrition advice.

Handling Suggestions

Refrigerate after opening. UNIT UPC: 832924005218

Serving Suggestions

Enjoy fresh from the tin, or lightly sauteed with hot Spanish paprika (pimentn), olive oil and lemon.

Prep & Cooking Suggestions

Ready to eat - open and serve or add to your favorite preparation.



Product Specifications

Brand	Manufacturer		
Matiz	Power Selles Imports		

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
832924005218	MZG12	405218	10832924005215		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.41lb	3lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.76in	4.53in	2.76in	0.11ft3	20x14	426days	60°F / 77°F





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405218 - Octopus In Olive Oil



The very finest and most tender wild caught octopus from Spain, Portugal and Morocco. Hand processed and packed in Galicia with just olive oil and sea salt.

Nutrition Analysis - By Measure

Calories	130	Total Fat	6g	Sodium	340mg
Protein	15	Trans Fats	0g	Calcium	30mg
Total Carbohydrates•••	4g	Saturated Fat	1g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	60mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

