



**Monte Nevado**  
**40546 - Jamon De Cebo Iberico**

Monte Nevado  
 Iberico pigs  
 Ham  
 Sliced  
 Air dried naturally  
 Hand crafted individually  
 Smooth fat and low melting point  
 Creamy and long lasting flavor  
 All natural



# Nutrition Facts

**Servings per Container** 3  
**Serving size** 28.0g (28g)

**Amount per serving**  
**Calories** 80

	% Daily Value*
<b>Total Fat</b> 4.5g	<b>7%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 560mg	<b>23%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 9g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 1mg	<b>6%</b>
Potassium 200mg	<b>6%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

This ham comes from the autochthonous Spanish Iberico pigs whose slow growth result in optimal marblingiberico pork ham. The fresh ham with bone is salted with mediterranean sea salt, followed by a natural drying process in our aging cellars. Tasting note: meat is a deep red, marbled. Smooth fat and low melting point. Very aromatic with long-lasting flavor, and a creamy, melting sensation in your mouth.

### Ingredients

Iberico pork ham and mediterranean sea salt

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

Keep refrigerated UNIT UPC:  
862552000262

## Serving Suggestions

Charcutrie platter  
 Toasted bread and olivoil  
 Mixed with fruits or vegetables (melon, Pinapple, figs, asparaggus...)  
 By itslef

## Prep & Cooking Suggestions

take out refrigeration  
 plate it  
 wait 10 minutes to get at room temperature

## Product Specifications

Brand	Manufacturer
Monte Nevado	Monte Nevado

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
862552000262	UIN85TV	40546	00862552000279		12/3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.27lb	2.25lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.75in	5.88in	5.38in	0.2ft3	28x7	220days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	4.5g	Sodium	560mg
Protein	9	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	1.5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	200mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

