



Sigdal Bakeri

406377 - Simply Good Norwegian Crispbread Ve

Perfect to cross merchandise with cheese in your deli department as this is a specialty crispbread/cracker.

Pair our crispbread with your favorite dip, adding a crunchier twist to your next snack.



* Benefits

Our SIMPLY GOOD Crispbread contains 76% seeds which makes it higher in protein and fiber and lower in carbs. It is crunchy, full of flavor and simply delicious. Perfect as a snack by itself or with your favorite topping.

At Sigdal, we believe every meal tastes better with a crunch. That's why our team has a crisp take on the healthiest of Scandinavian staples. Filled to the brim with seeds, crunch and goodness our crispbread and crackers are loved by health hippies and picky palates alike.

Ingredients

SESAME SEEDS, SUNFLOWER SEEDS, OATS, FLAX SEEDS, PUMPKIN SEED FLOUR, PUMPKIN SEEDS, SPELT BRAN, SALT, POTATO FIBER

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 10
Serving size 8.29 OZ

Amount per serving
Calories 130

	% Daily Value*
Total Fat 10 g	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Total Carbohydrate 7 g	3%
Dietary Fiber 3 g	12%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 6 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 1.7 mg	9%
Potassium 160 mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Dark and dry storage. ---
UNIT UPC: 859764006373

Serving Suggestions

traditionally eaten as an open sandwich with any topping you would like. A healthier substitute for bread, toast or bagel.

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer
Sigdal Bakeri	Bakeverket International

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
859764006373	3210	406377	20859764006377		54/8.29 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.78 lb	27.97 lb	Norway	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.31 in	11.61 in	15 in	1.54 ft3	10x40	152 days	60 °F / 77 °F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	10 g	Sodium	140 mg
Protein	6	Trans Fats	0 g	Calcium	20 mg
Total Carbohydrates...	7 g	Saturated Fat	1 g	Iron	1.7 mg
Sugars	0 g	Added Sugars	0 g	Potassium	160 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

